ROBERTSON COLLEGE
TRAVEL COUNSELLOR
www.startyourcareer.ca

WE'RE NOT DATING, SERIOUSLY
SANDRA SQUASHES RYAN RUMOURS {page 12}

TALKER
PIERS MORGAN ON TAKING OVER FROM LARRY KING {page 10}

CALGARY metro®
Tuesday, January 18, 2011
www.metronews.ca
News worth sharing.

NHL. So close

▶ The Flames' Olli Jokinen is stopped by Canadiens goalie Alex Auld as Montreal's Scott Gomez moves in during last night's game. After erasing a 4-0 deficit, the Flames lost 5-4 in overtime. Story, page 17.

RYAN REMIORZ/THE CANADIAN PRESS

Flames storm back, only to lose in OT

Secession planning

Calgary Sudanese community nearly unanimous {page 4}

Curtailing consumer debt

Ottawa introduces limits on mortgages, loans {page 8}

Haters can't stop Hayley

- Dinos finished last season in second-last place
- They are currently tied for second

Hayley Wickenheiser had a cup of Coke dumped on her head and has been booed and heckled by rowdy students since joining the University of Calgary women's hockey team this season. Somebody hung a sign in a dressing room at the University of Alberta that said "If you're in one of our textbooks, you shouldn't be in our league."

"Study hard," the Canadian Olympic team captain wrote on the sign.

Wickenheiser has raised the level of play and increased attendance, but her reception in university hockey has been mixed.

"I've had drinks dumped on me, but for the most part people are generally nice," Wickenheiser says of her first season in Canadian Interuniversity Sport.

Casey Irving, one of the Dinos' captains, said the all-star athlete handles the criticism like a pro.

"She knows how to deal with it and brush it off her shoulder," said Irving. "It's funny seeing them boo for her and then, what, a year ago they were all cheering for her? So it's interesting to see how people change."

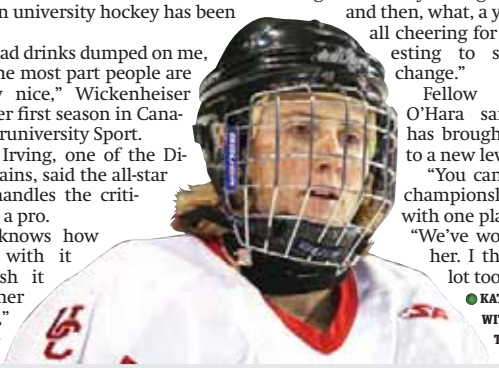
Fellow captain Caitlin O'Hara said Wickenheiser has brought the Dinos' play to a new level.

"You can't win a national championship, even a game, with one player," O'Hara said. "We've won games without her. I think that shows a lot too."

KATIE TURNER/ WITH FILES FROM THE CANADIAN PRESS

Back to school

- Hayley Wickenheiser won Olympic gold in February as the captain of Team Canada.
- She is taking courses towards her kinesiology degree.
- She is not the only Olympian in the university ranks — goaltender Charline Labonte and defender Gillian Ferrari play for McGill.



Celebrate family & friends
Come in to Derks and receive your rental Savings Coupon Today!
CONSUMER CHOICE AWARD 2010
Derks Formals Menswear
www.derks.ca
#107, 7004 MacLeod Trail • SE 403.301.3366
#107, 908 - 17th Ave SW • 403.288.5288

DON'T JUST DRIVE. CRUZE

The All-New 2011 Chevrolet Cruze.

starting at **$16,495**

$111 bi-weekly

Standard Features include
1.4L turbocharged engine • Bluetooth • Onstar • keyless entry • power heated mirrors • traction control • variable wipers • stability control • aluminum wheels

Why are more and more people choosing the 2011 Chevy CRUZE over the competition?

BETTER FUEL ECONOMY
Then the Civic & Corolla

MORE LEG ROOM
Then the Civic & Corolla

MORE HEAD ROOM
Then the Civic & Corolla

MORE STANDARD FEATURES
Then the Civic & Corolla

BEST WARRANTY
In the Business

THE AWARD WINNING CHEVROLET EQUINOX

5-STAR SAFETY RATING ★★★★★ CRASH TESTS

BEST NEW SUV

CanadianDriver.com TOP PICK

FIND OUT WHAT ALL THE CRITICS ARE TALKING ABOUT

Book Your Test Drive TODAY!

from **$25,878**

35 TO CHOOSE FROM

$177 bi-weekly

payments based on 5.99% APR, O.A.C, 84 month term, taxes and fees not included

LS MODEL
9 AVAILABLE
Standard Equipment
power locks/windows
keyless entry
Onstar
stabilitrak
auto transmission
air conditioning

LT MODEL
11 AVAILABLE
LS Equipment PLUS
remote start
fog lights
heated mirrors
auto climate control
floor mats
premium seats

LTZ MODEL
15 AVAILABLE
LT Equipment PLUS
parking assist
chrome appearance
power liftgate
roof rack
leather seats
Bluetooth

payments based on 5.99% APR, O.A.C, 84 month term, taxes and not included

CMP GM
CHEVROLET Cadillac BUICK GMC

403-536-9785 cmpauto.com

CORNER OF 16TH AVE & 36 ST. N.E. MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

AMVIC LICENSED

Roszko's hut housed personal armoury

The Quonset hut where James Roszko ambushed and gunned down four Alberta Mounties contained a personal armoury of weapons and may have housed the military assault rifle used to commit the crime, an inquiry was told yesterday.

Crime scene investigator Sgt. Kevin Quail said a search of the rafters of the massive, semi-circular metal structure unearthed a box containing a 12-gauge shotgun and .22-calibre rifle.

All weapons were missed when police initially went through the hut near Mayerthorpe hours earlier as they rounded up and seized marijuana plants.

THE CANADIAN PRESS

More voices in decision making: Nenshi

Council met yesterday to discuss how to further involve Calgarians in the city's budget process.

Mayor Naheed Nenshi said the majority of the day would be spent discussing ways to incorporate more citizens into creating the business plan. "We want to ensure that the budget is created in a participatory and inclusive process," he said before the meeting began. "That means involving the decision makers but it also means involving more Calgarians." He said the city needs to begin looking at the "big picture" and working towards including more voices in the decision-making process before council's next three-year business planning cycle.

KATIE TURNER

JEREMY NOLAIS/METRO;INSET:CONTRIBUTED

▶ Acting fire Chief Ken Uzeloc said Rob Glaser, inset, dedicated "his life to the citizens of Calgary." Glaser along with his brother Mark died over the weekend in an avalanche.

Mourning the loss of a captain

Rob Glaser and brother Mark died in weekend avalanche ◐ Private ceremony to be held today at Bowness station where captain served

JEREMY NOLAIS
@METRONEWS.CA

In nearly 30 years of service with the Calgary Fire Department, Rob Glaser earned the reputation of being a soft-spoken, kind-hearted man who was easy-going and garnered plenty of respect.

Glaser, a captain in the city's fire brigade, and his brother Mark died in an avalanche around 3:45 p.m. Saturday in the Burstall Pass area of Peter Lougheed Provincial Park.

Calgary fire spokesperson Brian McAsey met with some of those who knew Rob Glaser best yesterday afternoon as they made plans to commemorate their fallen comrade.

"Everyone's obviously pretty choked up," said McAsey, who had worked with Glaser a few times in the past. "It really does feel like we're missing a brother."

While personal anecdotes about Glaser are still being gathered, McAsey said one particular source of fond memories came from Glaser's time as a jet-boat lieutenant with the fire department's aquatics unit. Acting fire Chief Ken Uzeloc said Glaser's service record spoke for itself.

"Rob went above and beyond on many occasions, offering his talents and dedicating his life to the citizens of Calgary, while enjoying all that Alberta had to offer," Uzeloc said.

Firefighter

Rob Glaser joined the Calgary Fire Department in 1982.

1. Glaser's nephew is also an active Calgary firefighter.
2. The Calgary Fire Department is offering grief management to those who knew Rob Glaser.

U of C's Roza Theatre to showcase best of BMFF

University of Calgary's Roza Theatre will run the Best of the 2010 Banff Mountain Film Festival from Jan. 18 to 23, with nightly showings at 7:30 p.m. Tuesday to Saturday and weekend matinees at 2 p.m.

Mike Mortimer, Calgary festival organizer, said two different lineups are featured, one focused on climbing and the other a mix of mountain films.

Each lineup features award-winning films with kayaking, backcountry snowboarding and mountaineering depicted.

Tickets for shows earlier in the week have nearly sold out, Mortimer said.

CAROLINA NOVOTNY

Tickets

This is the 28th Best of the BMFF in Calgary.

Cost Tickets between $17 and $23, can be bought online at mountainfilm.ca or at Mountain Equipment Co-op at the corner of 8th Street and 10 Avenue SW.

News in brief

City launches consultations

PROJECTS. The City of Calgary is launching the second phase of public consultation to help develop a management plan for River Park, Sandy Beach and Britannia Slopes. Two project meetings are scheduled for Jan. 19 at the North Glenmore Park Community Association and Jan. 27 at the South Calgary Community Association. METRO

Calgary leads in bleeds

CHALLENGE. Calgary is beating Edmonton in Sirens for Life Blood Donor Challenge in which Calgary fire, police and EMS attempt to donate more blood than their Edmonton counterparts. With a total of 3,507, Calgary is in the lead by 569 donations midway through the challenge, which ends Jan. 31.

METRO

1 news

News on the move

1. Download the free ScanLife application with your smartphone at 2dscan.com
2. Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
3. The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Allan Small on whether it's time to start investing in U.S. banks. More at metronews.ca/investing.

Follow us on Twitter @metrocalgary

100-year-old scotch returns from Antarctica on a private jet. Scan the code for the story.

News in brief

CAROLINA NOVOTNY/FOR METRO

23 cats survive house fire

Fire officials say the residents and pets involved in a house fire yesterday morning weren't injured.

Shortly after 5 a.m., a fire began in the closet of a home on Oakland Drive. Two residents and 23 cats were in the house at the time.

Brian McAsey of the fire department said the residents are associated with a rescue society and were taking care of the cats. METRO

Man in custody charged again

Okotoks RCMP have charged a man already in Calgary police custody.

Cody Lee Brown, 25, faces three counts of robbery and two counts of common nuisance in relation to the robberies of a car wash and shoe store in Okotoks, as well as a drycleaner in High River.

Brown had previously been charged with two counts of robbery by Calgary police for unrelated incidents. METRO

Woman charged for fraudulent refugee claim

The Canada Border Services Agency has charged a Calgary woman with seven counts under the Immigration and Refugee Protection Act, the organization announced yesterday.

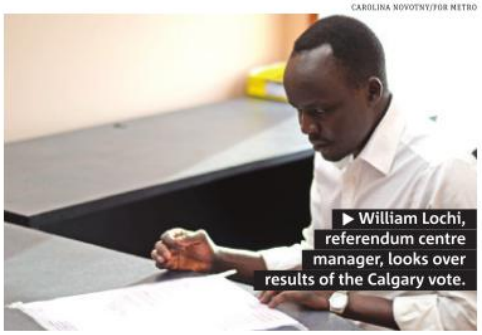
Following an eight-month investigation, it's alleged that Aminata Gnokane, 33, acquired and used fraudulent documents to assist with a refugee-protection claim and to obtain permanent-resident status. METRO

'Sudan will never be the same again'

Calgary one of two voting spots for Sudanese-Canadians

CAROLINA NOVOTNY
CALGARY@METRONEWS.CA

CAROLINA NOVOTNY/FOR METRO



▶ William Lochi, referendum centre manager, looks over results of the Calgary vote.

Although official results for southern Sudan's referendum aren't expected until February, results from the ballots cast in Calgary are 97.2 per cent in favour of separating from the north, according to the International Organization for Migration.

"I was very emotional. I teared up," said Calgarian William Lochi, recalling the moment he cast his ballot. "It really made me feel democracy is the only way forward — to determine our fate and destiny."

Lochi, who expects the official vote to mirror the Calgary results, has high hopes for what secession will mean for southern Sudan. "It will bring peace and stability to the region — in south Sudan and in the neighbouring countries."

Ian Smith of the IOM estimated that 10,000 Sudanese-Canadians were eligible to vote but that only a quarter registered, which he thought was low.

He cited the cost and difficulty of travelling to either Calgary or Toronto on two occasions — once to register and once to vote — as having negatively impacted turnout.

"I feel bad about it," said Calgarian Mading Ngor, who was unable to vote due to a timing conflict.

"I would have loved to participate because Sudan will never be the same again."

Ballot box

- **In order to register** to vote, Sudanese-Canadians had to prove they were from the south and not the north. This meant either providing a witness who could confirm it or undergoing an interview with community members trained to identify southerners.
- **The majority:** Of the 1328 votes cast in Calgary, 1291 were for separation.
- **In Toronto,** ballots were 98.4 per cent in favour of separation.

AVIATION
Get your career started in the aviation industry in one of the following programs: Aircraft Structures Technician, Avionics Technology and Aircraft Maintenance Engineers Technology. Programs are offered at the state-of-the-art facility, the Art Smith Aero Centre, which is located near the Calgary International Airport.
Join us on Tuesday, January 18 at 7:00 pm at the Art Smith Aero Centre – 1916 McCall Landing NE.
Call 403.284.7018 or E-mail: aerocentre@sait.ca to confirm your attendance or for more information.

SCHOOL OF CONSTRUCTION – TECHNOLOGY PROGRAMS
Are you looking for a career and not just a job? Do you want to visualize your dreams, design, engineer and survey future structures, communities and processing facilities? Students and parents are invited to attend our FREE information sessions on the School of Construction's technology programs.

- Architectural Technologies
- Geomatics Engineering Technology [Surveying & Mapping]
- Bachelor of Applied Technology Geographic Information Systems
- Engineering Design and Drafting Technology
- Civil Engineering Technology
- Process Piping Drafting certificate–33-week Fast Track

FREE GIS Workshop – for details visit the Events and Information Sessions page at the School of Construction at sait.ca.

Join us on Wednesday, January 19 at 7:00 pm, Chinook Lodge, in the rotunda of the Senator Burns Building.
Call 403.284.8367 or E-mail: construction.info@sait.ca to confirm your attendance or for more information.

SCHOOL OF CONSTRUCTION - NEW - TRADES PROGRAMS
Considering a career in the skilled trades? Students and parents are invited to attend our FREE information sessions on the School of Construction's Electrical, Mechanical, and Building Trades programs, both apprenticeship and pre-employment.
Join us on Wednesday, January 19 at 7:00 pm in Chinook Lodge, in the rotunda of the Senator Burns Building.
Call 403.284.8367 or E-mail: construction.info@sait.ca to confirm your attendance or for more information.

OPEN HOUSE- FEBRUARY 4 AND 5

FURTHER YOUR PASSION
SAIT POLYTECHNIC

New rules to rein in consumer debt

The federal government is taking steps to crack down on runaway consumer borrowing, making it harder to take out a home mortgage.

Calgary resident Zac Borrows said he's getting married in March and was hoping to buy a house in the next couple of months.

"We've been saving up and we sort of had our hopes set a little higher than what we may end up with now," he said.

"Before these changes came in, we thought that was still within our reach, but it looks less and less likely the more I hear about these changes."

Local realtor Robin Spiers said it could be the first-time homebuyers that feel these changes the most.

"Certainly, stiffening up the guidelines and the requirements means less people are going to qualify," she said. "So the downside is it might hurt new buyers or people that have had an income change.

"I think people that are already in the market — I don't see it having too much of an effect on them." KATIE TURNER

30 years
The maximum amortization period for a new, government-backed mortgage under the new rules, down from 35 years.

City wants help with census data

The City of Calgary is looking for citizens to help collect census data starting April 1.

Those interested can apply at the downtown election and information services office or visit calgary.ca/census. METRO

Police warn of danger in rural areas

Police have issued another warning regarding backcountry safety after two Calgary snowmobilers had to be rescued this weekend. A man and woman phoned the RCMP, and the rescue squad assisted. METRO

THE CIBC switch

Limited Time Offer

More saving power to you.

CIBC TFSA Tax Advantage Savings Account™

EARN 2% on new balances*

Increase your savings

- Earn interest tax-free
- Enjoy the security of guaranteed interest

Plus, access your money at any time, for any reason.

Act now – offer ends April 30, 2011.

Speak to a CIBC advisor today. Visit any branch, go to cibc.com/switchsavingmadeeasier or call 1 800 465-CIBC (2422).

Scan this QR code to calculate your tax savings.

Download a QR code reader App, then scan code.

CIBC

For what matters.

*This is a combined bonus and regular annual rate paid on New Balances for the CIBC TFSA Tax Advantage Savings Account ("Account"). **The bonus and/or regular Account rates may change at any time without prior notice.** Ask a CIBC advisor for current rates. How it works: The regular Account rate is paid on the full daily closing balance. In addition, on days when an Account's closing balance exceeds its Nov. 30/10 closing balance (the difference between the two balances is a "New Balance"), the New Balance earns a bonus rate for that day. Interest is paid monthly. Offer runs from Dec. 1/10 to Apr. 30/11. Other conditions apply, so ask in branch or see www.cibc.com for full terms and conditions. ™Trademark of CIBC. "CIBC For what matters." is a trademark of CIBC.

Outrage follows return of 'Baby Doc'

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Jean-Claude Duvalier and his wife, Veronique Roy, arrive on Sunday at Toussaint Louverture airport in Port-au-Prince, where they were greeted by about 200 supporters.

- Many in Haiti fear renewal of old political conflicts
- Ex-dictator claims he wants to help with reconstruction

Canada's Haitian community reacted in disbelief yesterday to the news that Jean-Claude (Baby Doc) Duvalier returned to Haiti on Sunday after 25 years of exile in France.

Among those expressing shock was Canada's former governor general. Michaëlle Jean has in the past spoken about being traumatized by images of blood-soaked walls during a visit to a police station where her father was tortured.

In Paris for a conference, Jean said she was "astounded" by the news and suggested the former dictator deserved to face justice for his crimes.

"Will a quarter-century of comfortable exile in impunity be enough to make Haitians forget the horrors, the suffering, the injustice as well as the human and economic cost of decades of Duvalierist dictatorship?" said Jean, a UNESCO envoy to Haiti.

"How can he come back to Haiti without warning, like a citizen, without reproach?"
MICHAELLE JEAN, CANADA'S FORMER GOVERNOR GENERAL

Duvalier ruled the country from the death of his father, Francois (Papa Doc) Duvalier, in 1971 until he was ousted in 1986.

Yesterday, he ensconced himself in a high-end hotel in Port-au-Prince, where he met with allies and spoke publicly only through emissaries, who insisted the 59-year-old former "president for life" is merely a concerned elder statesman who wanted to see the effects of the devastating 2010 earthquake on his homeland.

Duvalier returns to a country deep in crisis, leaving many to wonder if there will be renewed conflict.

"Part of what he does by getting back into Haiti is bring back the old battle lines," said Jocelyn McCalla, a former director of the National Coalition for Haitian Rights. "People are going to start talking about being pro- or anti-Duvalier."

President Rene Preval, a former anti-Duvalier activist, made no immediate statement on Duvalier's re-emergence, though he said in 2007 that Duvalier would face justice for the deaths of thousands and the theft of millions of dollars if he returned. THE CANADIAN PRESS

Tunisian first family turfed

The end of President Zine El Abidine Ben Ali's iron-fisted 23-year rule brought joy to many in Tunisia, and they were especially elated at the prospect of life without his wife and her rapacious family.

The clan of Leila Trabelsi was widely despised as the ultimate symbol of corruption and excess. The one-time hairdresser and her 10 siblings are alleged to have operated like a mafia, extorting money from shop owners and divvying up plum concessions among themselves such as banks and airlines, car dealerships and media outlets.

"They are thieves, tricksters and even killers,'' raged Tunis resident Mantasser Ben Mabrouk. "Their only goal was to make money in whatever way they could."

Retribution against the family was swift. Within a day of Ben Ali's departure, many of the sumptuous villas and businesses belonging to the Trabelsis were pillaged and burned, and some reports said one prominent family member was killed by an angry mob. A Tunis Air pilot who refused to take off with five fleeing family members on board has become a national hero.

In a bid to quell the unrest, Prime Minister Mohamed Ghannouchi yesterday announced the formation of a national unity government, allowing opposition into the leadership for the first time. Ghannouchi, a long-time ally of Ben Ali's, and several senior ministers retained their posts in the shakeup. Ghannouchi also announced that political prisoners would be freed. THE ASSOCIATED PRESS

HASSENE DRIDI/THE ASSOCIATED PRESS

▶ Leila Trabelsi: Hated even more than her husband.

ELECTION POSTURING

On the campaign trail?

When the prime minister starts wandering around his office on camera with a Beatles mug in hand, can the blue sweater-vest be far behind?

Federal leaders are ramping up the election rhetoric, complete with party leaders' tours, policy roll-outs and TV ads.

The Conservatives released six ads yesterday that hit hard against NDP Leader Jack Layton, Gilles Duceppe of the Bloc Québécois and Liberal Leader Michael Ignatieff, who is on an 11-day election-style tour.

Ignatieff dismissed the Conservatives' personal-attack ads as "rubbish."

Meanwhile, a Canadian Press Harris-Decima poll yesterday found the Tories with an eight percentage point lead on the Liberals, 36-28, nationally. THE CANADIAN PRESS

Jewish leaders decry attacks

Montreal's Jewish community fears it is being targeted in an orchestrated campaign of hatred, after three synagogues, a Jewish school and daycare had their windows smashed with rocks on the weekend.

"Following what appears to be an orchestrated campaign of anti-Semitic attacks, there is particular concern about the targeting of a school and daycare," the local chapter of B'nai Brith said yesterday.

The group said the attacks also brought back "painful memories" of the firebombing of the city's United Talmud Torah School. The school was torched just before Passover in 2004.

Police suspect the weekend attacks are related. They have no eyewitnesses and are hoping surveillance video might offer some clues. THE CANADIAN PRESS

Targeted

▶ **The attacks came as some** Montrealers, including Liberal MP Marlene Jennings, headed out to buy shoes in support of a store that sells footwear made in Israel and is being boycotted.

No charges in freezing death

Neighbours will not face charges in the death of a Toronto woman who froze in a driveway after her cries for help were ignored, Toronto police said. The 66-year-old Alzheimer's patient spent the night in -20 C weather before being found. THE CANADIAN PRESS

Giffords' recovery steady

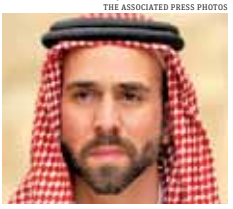
Gabrielle Giffords, the U.S. congresswoman shot 10 days ago, has been able to smile and focus her eyes, her husband, astronaut Mark Kelly, said yesterday. Kelly said his wife has improved so much she was able to give him a neck rub. THE ASSOCIATED PRESS

Metro exclusive

In good faith

Tony Blair, Prince Ghazi on World Interfaith Harmony Week

THE ASSOCIATED PRESS PHOTOS



TONY BLAIR, LEFT, A ROMAN CATHOLIC, IS THE FORMER PRIME MINISTER OF GREAT BRITAIN. PRINCE GHAZI OF JORDAN IS A SPECIAL ADVISER TO KING ABDULLAH.

Around the world there is a struggle taking place about religion. The essence of it is this: Are people of religious faith prepared to regard those of a different faith with respect and dignity; or do they regard them as enemies because they do not share the same faith as them?

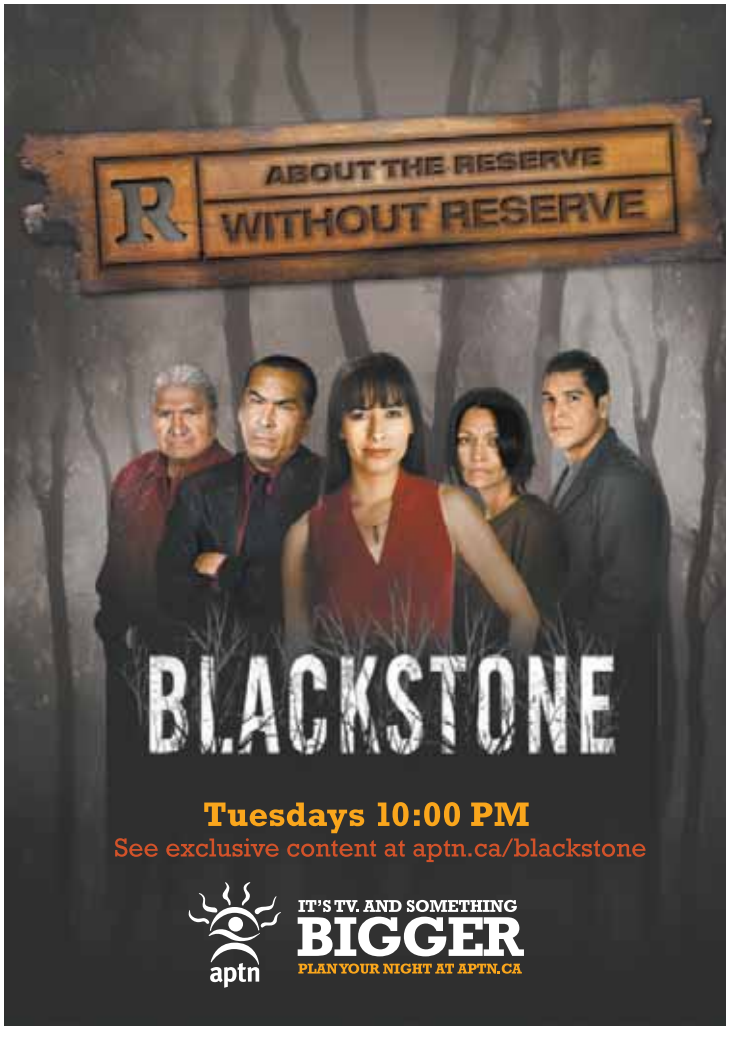
On Oct. 20, 2010, the UN General Assembly unanimously passed a resolution declaring the first week of February World Interfaith Harmony Week. Resolutions do not alter the world, but this resolution encourages people who believe in inter-religious harmony to stand up and be counted.

The resolution is unique in that it promotes harmonious interfaith relations in a way that draws attention to the scriptural and theological basis for mutual respect. Its mention of "love of the good and love of one's neighbour" is important because while for believers the good is God, love of the good and the neighbour is the very essence of goodwill for all people. Thus the resolution includes everyone of all religions, faiths and beliefs, and those of no religion at all.

World Interfaith Harmony Week has unprecedented potential to turn the tide against religious tensions. What can you do? If you are a religious figure, a preacher or a teacher, all you have to do is take up the theme of inter-religious harmony during the first week of February, in your sermon, preaching or writing. You can register your event at worldinterfaithharmonyweek.com.

If you are a layperson of goodwill, there are many things you can do. You could host a breakfast for neighbours of various faiths or invite them over for a chat; organize a multicultural bazaar; do joint community work; read together; pray together; or talk to your own families about the need for tolerance.

A good deed for interfaith harmony, even if the world moves in the opposite direction, is not like a vote for a candidate that loses: It still counts. It creates a ripple effect of goodness.



LONG DISTANCE

comwave

CALL OVER 30 COUNTRIES

1.9 ¢/ MIN

UNLIMITED CANADA

CALLING TO CANADA EVEN FROM YOUR CELL PHONE!

$5 /month

Make Long Distance and Overseas calls from your Home or Cell Phone at our Guaranteed Lowest Rates!

CUBA 89.9		Afghanistan	24.9 ¢
		Bangladesh	3.9 ¢
INDIA 2.9		Ecuador	9.9 ¢
		El Salvador	9.9 ¢
PAKISTAN 5.9		Guyana	24.9 ¢
		Jamaica	8.9 ¢
PHILIPPINES 11.9		Jordan	9.9 ¢
		Lebanon	9.9 ¢
		Libya	24.9 ¢
		Nepal	7.9 ¢
		Romania	2.9 ¢
		Saudi Arabia	9.9 ¢
		Sri Lanka	9.9 ¢
		Trinidad	4.9 ¢
		U.A.E.	14.9 ¢
		Vietnam	4.9 ¢

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!

www.comwave.ca

403-451-5801

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The Comwave Call over 30 Countries for 1.9 cents does not include calls to overseas mobile phones and it has a monthly fee of $1.95. Calls to Argentina on this bundle are to Buenos Aires. Calls to Colombia on this bundle are Bogota and Cali. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paolo. Calls to Mexico on this bundle are to Mexico city and Monterey. Calls to Russia on this bundle are to Moscow and St. Petersburg. Calls to Overseas Mobile Phones may be billed at a higher rate. All Unlimited Plans do not include calls to the Yukon, Nunavut N.W.T., Alaska and Hawaii. Terms and conditions apply, see www.comwave.ca for details

Government clamps down on borrowing

- New rules more severe than industry wanted
- No debt crisis in Canada, says finance minister

First-time buyers and those who use their home as collateral for low-interest loans are likely to be most affected by new mortgage rules that go into effect in March, experts say.

Federal Finance Minister Jim Flaherty said yesterday that beginning March 18, the maximum amortization period for a mortgage will drop to 30 years from 35, effectively reducing the maximum amount Canadians can borrow for their home.

Canadians will also be able to borrow less when they refinance mortgages, and the government will stop insuring home-equity lines of credit — an alternative to credit cards and term loans that use the property's value as collateral.

Reaction

Jim Murphy, CEO of the Canadian Association of Accredited Mortgage Professionals, gives his take:

- **Impact on housing**
  Changes to lending rules could slow the housing market.
- **Bright side**
  The government did not raise the required minimum down payment.

Consumer debt has become a growing concern for government officials and economists, especially after data emerged in the fall showing Canadian debt-to-disposable-income ratios now hover around 148 per cent.

That means Canadians owe $1.48 for every dollar of disposable income — what's left after mandatory payments like taxes.

The new rules do not apply to those who secure those products before March 18, meaning the real estate market could see an upswing during the usually sleepy winter season ahead of the changes.

THE CANADIAN PRESS

India taps Canadian jet maker

Bombardier is making further inroads in the world's largest democracy as Air India's regional carrier is looking to lease up to 20 CRJ-700 regional jets.

The airline has requested tenders to lease up to 20 planes from Bombardier as it prepares for increased travel demand in the country.

THE CANADIAN PRESS

Market moment

PRICES AS OF 9 P.M. YESTERDAY

TSX	Dollar
– 23.95 (13,440.11)	+ 0.23¢ (101.30¢ US)
Oil	**Natural gas**
– 51¢ US ($91.03 US)	1,000 cu ft Markets closed Gold contracts $1,361.20 (+70¢)

PAUL SAKUMA/THE ASSOCIATED PRESS FILE

▶ Apple co-founder and CEO Steve Jobs

APPLE BOSS ON LEAVE

'I HOPE TO BE BACK AS SOON AS I CAN'

Apple Inc. co-founder and CEO Steve Jobs sent a note to employees yesterday saying he's taking a second medical leave of absence in two years so he can focus on his health.

No further information about his current condition was provided.

Jobs said he would continue as CEO and be involved in major decisions but has asked chief operating officer Tim Cook to be responsible for all day-to-day operations.

Jobs was "cured" of a rare form of pancreatic cancer in 2004. Then, during a six-month medical leave from January to June 2009, Jobs had a liver transplant. Shares of Apple have plunged in the past with news and rumours about Jobs' health.

THE ASSOCIATED PRESS

A career in health care business? technology

It's closer than you think.

In a matter of months, you can earn your diploma from CDI College in one of more than 50 programs in **Business, Health Care, and Technology**.

Multiple start dates mean you can start training for your career as soon as you're ready and, **with 2 campuses in Calgary** and 18 across Canada, CDI College is closer than you think.

Ready for your career?

Make the call

Business Administrati · Professional Legal Assistant · Help Desk Analyst · Massage Therapy · Network & Internet Security Specialist · Oil & Gas Administration · Accounting Administrative Assistant · Accounting & Payroll Administrator · Law Enforcement

CDI college

1 888-245-6827
cal.cdicollege.ca

A beautiful new, affordable, 55+ apartment in Bridgeland, now open!

Willow Park on the Bow
30 – 11th St. NE

One bedroom suites available in a variety of spacious layouts on four floors.

Space is limited!

Willow Park on the Bow is a pet free, non smoking, concrete building featuring dining and private meeting rooms, extensive landscaping, exercise area and security system.

On the corner of McDougall Road and 11 Street NE

WILLOW PARK on the bow

Housing for Seniors

One month free rent!*
*Limited time offer

Call 403-262-6295 for rental inquiries.

ADD SOME COLOUR TO MID-WINTER BLUES

She says ...

JESSICA NAPIER

Christmas is long gone, I've broken all of my well-intentioned resolutions and my bank account is looking more tragic than ever. Frigid temperatures and a lack of funds have left me housebound this month and my mood, like the weather, has been icy at best. I am well and truly stuck in the post-holiday depressfest known as January.

It's not just me, of course. Psychologists (perhaps in collaboration with travel agents and chocolate makers) dubbed yesterday Blue Monday, allegedly the most depressing day of the year.

With this not-so-scientific fact in mind, here are five ways to help you defrost your chilly disposition and get out of your seasonal slump. And just think; if yesterday was the most depressing day of the year it can only get better from now on, right?

"... if yesterday was the most depressing day of the year it can only get better from now on, right?"

HIBERNATE WITH FRIENDS: If you can't beat the blues you might as well make wallowing a group activity. Play board games and put on bad movies you would feel guilty watching during patio season. Add wine when needed.

HIT THE SLOPES: If there's one thing Canadians do well it's inventing ridiculously dangerous winter sports. So why not strap on some skis and throw yourself down a steep rock face in the name of fun. Or forget the skiing and skip straight to the après activities, preferably anything that involves a roaring fire and a bearskin rug.

DECORATE: If below freezing temperatures have you trapped inside your apartment you might as well make it look good. Yes, you're broke from a season of overspending, but even small touches can go a long way. Invest in new couch cushions, craft colourful wall art and fill vases with fragrant flowers to remind yourself that spring is just around the corner (kind of).

FIND PLEASURE IN SOMEONE ELSE'S PAIN: Go online and look up temperatures in a much colder province. When you consider that it was –39 C in Eureka last night (that's in Nunavut for those of you who aren't Canadian geography nerds) the wind chill here doesn't really seem all that bad.

THROW A JERSEY SHORE THEME PARTY: Get a spray tan, turn up the heat and squeeze into your tightest Ed Hardy tube top. Invite like-minded Guidos and Guidettes over to fist-pump to the beat of your homemade club-anthem playlist. Drink Ron Ron Juice until you forget what season it is and try not to contract an STD by the end of the weekend.

Read more of Jessica Napier's columns at metronews.ca/shesays

Cartoon

MICHAEL DE ADDER

Dressing for success

Worth mentioning

Swiss bank UBS AG is revising its dress code after getting roundly mocked for suggesting employees wear skin-coloured underwear and avoid garlic breath.

The bank said yesterday it is whittling down its 44-page style guide to a more modest booklet that will concentrate on how to impress customers with a polished presence and sense of Swiss precision and decorum.

The existing code tells female employees how to apply makeup, what kind of perfume to wear and what colour stockings and lingerie are acceptable. It advises them not to show roots if they colour their hair and to avoid black nail polish.

"You can extend the life of your knee socks and stockings by keeping your toenails trimmed and filed," UBS tells its female staff. "Always have a spare pair: Stockings can be provisionally repaired with transparent nail polish and a bit of luck."

Men are told how to knot a tie, as well as to get a haircut every month and avoid unruly beards and earrings.

Both sexes were advised to avoid garlic or onion breath.

The guidelines recommended skin-coloured underwear for women and wristwatches for all to signal "trustworthiness and a serious concern for punctuality." THE ASSOCIATED PRESS

Swiss precision

How would you describe your dream job?

Email
calgaryletters@metronews.ca
Twitter
@metrocalgary

Metro has the right to edit letters and submissions.

metro

METRO CALGARY • Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • T: 403-444-0136 • Fax: 403-539-4940
Advertising: 403-444-0136• adinfocalgary@metronews.ca • calgary_distribution@metronews.ca
Publisher Steve Shrout, **Managing Editor** Darren Krause, **Advertising Sales Manager** Chris Mackie, **Distribution Manager** Dave Mak
METRO CANADA: Group Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute at fluoride presentation

As debate over fluoride in Calgary's drinking water heads to a public hearing later this month, those seeking more information may want to stop by the Unitarian Church tonight.

Starting at 7 p.m., the Council of Canadians will host a presentation by Dr. James Beck.

Beck is a professor emeritus in medical biophysics at the University of Calgary and co-author of the book The Case Against Fluoride: How Hazardous Waste Ended Up In Our Drinking Water And The Poor Science And Powerful Politics That Keep It.

Entrance to the presentation is free but donations are welcome.

The Unitarian Church is located at 1703–1st St. NW. METRO

METRO FILE

▶ A public hearing on fluoride in our drinking water is scheduled for Jan. 26.

2 scene

Morgan takes over King's CNN throne

British journalist has big shoes to fill ◗ Plans to be direct and not pull any punches in his interviews ◗ Obama or Boyle? How about both!

ANTHONY JOHNSON & RICHARD PECKETT
SCENE@METRONEWS.CA

Piers Morgan replaced legendary interviewer Larry King, who, before retiring, hosted CNN's nightly interview show broadcast across the globe for 25 years.

Morgan, one of Britain's most famous journalists, has enjoyed a professional career spanning more than 20 years that saw him evolve from a tabloid showbiz columnist, national newspaper editor to an international celebrity judge and interviewer.

Morgan found time to sit down with Metro.

How are you different from Larry King?
Well, I'm 32 years younger and I've had six less wives. So far! But seriously, I think that we come at interviews in a very different way. Larry prefers not to know too much about his guest so he can chat to them as if they are someone he just met in a bar, and that has worked brilliantly for him for so long. I'm a journalist, so I come at interviews in a more forensic way. I like to do a lot of research and preparation, so wherever the guest goes, I can go with them.

As an interviewer, will you maintain your bullish style?
Of course! I like being pretty direct, and I don't suffer fools or people trying to pull the wool over my eyes. My guests will get the experience their behaviour deserves. If they're smart and friendly, it will all go fine. If they're dumb and hostile, well — not so fine!

You have said you prefer to air a pre-recorded interview rather than live. What's the difference between a more theatrical, entertainment interview (pre-recorded) and a hard news one (live)?
A pre-recorded interview can be just as 'hard news' as a live one. If not more so. The interview is the same, you just have more time to market and promote the content across all media. As you've all seen with Oprah, we've managed to get so much stuff out there that the whole world knows about it, and there's a terrific buzz as a result.

Who would you rather interview — Susan Boyle or Barack Obama and why?
I'd like to interview both, maybe at the same time. After all, both are living the American dream, and both are human beings with the same vital organs as the rest of us.

Is there anything you wouldn't ask?
No. Nobody has to answer a question; there's no gun to their head. But an interviewer should always be free to ask whatever they like.

▶ Piers Morgan takes over for Larry King on CNN. His show is on CNN at 9 p.m. (ET) every night.

News in brief

The Nielsen Co. says Sunday's Golden Globes ceremony was seen by almost 17 million viewers. It beat all network competition in its time period, slightly exceeding last year's audience for the film and TV awards show.

British comedian-actor Ricky Gervais returned as host, irreverently lampooning many of the nominees, presenters and even the sponsoring Hollywood Foreign Press Association.

THE ASSOCIATED PRESS

Tron: Evolution continues the sorry legacy of games based on feature films

DVD Releases this week

Buy it ●●●●● | Rent it ●●●●○ | Borrow it ●●●○○ | Yawn ●●○○○ | Don't bother ●○○○○

Buried full of tension

Buried
Genre: Drama
Director: Rodrigo Cortés
Stars: Ryan Reynolds, José Luis García Pérez
●●●●○
The pine box lies beneath the Iraq desert, exact location unknown. The man inside it is Paul Conroy (Ryan Reynolds), a civilian American trucker who's truck is caught in a firefight and now he's awake in the dark, covered in dried blood and sweat, with a limited supply of oxygen.

His unseen captors have demands, which begin with a $5 million ransom and a two-hour time limit.

Spanish director Rodrigo Cortés directs, from a script by Chris Sparling, and no secret is made of the desire to pay homage to Alfred Hitchcock.

Reynolds skillfully balances off Conroy's more frantic moments.

PETER HOWELL

Takers
Genre: Action
Director: John Luessenhop
Stars: Chris Brown, Hayden Christensen, Matt Dillon
●●½
The slick young thieves of Takers are so into playing dress up, you wonder how they find time to plot their absurdly elaborate heists.

The heist part of the saga, which mainly involves a daring $25 million Brinks bash on the streets of L.A., isn't quite so impressive.

Most of the heisters, played by Hayden Christensen, Paul Walker, Chris Brown and Michael Ealy, simply fail the believability test. Fortunately, the takers are led by Idris Elba, of TV's The Wire, a mature man of physical and mental heft who actually looks as though he could do some damage to a security system.

PETER HOWELL

NISSAN NEW YEAR SALES EVENT

HOLIDAY OFFERS EXTENDED 'TIL JANUARY 31ST

UP TO

0% FINANCING ON SELECT 2011 MODELS*

UP TO **$8,500** IN FACTORY REDUCTIONS[Q]

2011 **FRONTIER** KING CAB 2.5 S 4X2

The small, tough truck that never comes up short.

152 hp, 4-cylinder engine and 171 lb-ft torque • 3,500 lbs towing capacity • ABS and Electronic Brake force Distribution (EBD) AM/FM/CD audio system • Nissan Advanced Airbag System with Supplemental Curtain Side Impact Airbags and Side Seat Airbags • Available 261 hp, V6 engine and 281 lb-ft torque

SELLING PRICE **$23,999*** FACTORY REDUCTIONS, FREIGHT AND FEES INCLUDED | FACTORY REDUCTION **$2,000** | **0%** PURCHASE FINANCING FOR UP TO 36 MONTHS*

2011 **TITAN** KING CAB S 4X2

It's a whole new way to move.

Class-leading Standard Engine[h]: 317-hp, 5.6-litre V8 and 385 lb-ft of torque • Longest crew cab bed in its class – 2.2 m (7'3") • 6,500 lbs towing capacity • 18" alloy wheels • Facto applied spray-in bedliner w/ available Utili-Track™ channel syste Nissan Advanced Airbag System with Curtain Side Impact Airb w/ Rollover Sensor and Front Seat Supplemental Side Airba Fully boxed frame

SELLING PRICE **$26,999*** FACTORY REDUCTIONS, FREIGHT AND FEES INCLUDED | FACTORY REDUCTION **$8,500** | **0%** PURCHASE FINANCING FOR UP TO 36 MONTHS*

2011 **PATHFINDER** S

Leave no adventure unchallenged.

266-hp, 4.0-litre V6 engine and 288 lb-ft torque • 6,000 lbs towing capacity • All-Mode 4WD™ with 2-speed transfer case ABS, Electronic Brake force Distribution (EBD) and Vehicle Dynamic Control (VDC) • Nissan Advanced Airbag System with Curtain Side Impact Airbags and Rollover Sensor and Front Seat Supplemental Side Airbags • Available RearView Monitor

SELLING PRICE **$35,999*** FACTORY REDUCTIONS, FREIGHT AND FEES INCLUDED | FACTORY REDUCTION **$3,000** | **0%** PURCHASE FINANCING FOR UP TO 36 MONTHS*

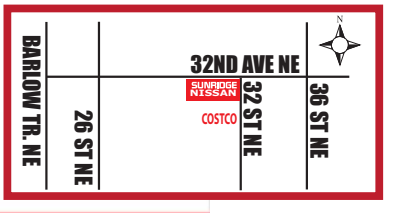
ALSO GET GREAT OFFERS ON REMAINING 2010 MODELS.

SUNRIDGE NISSAN

(403) 536-9705

sunridgenissan.com

CORNER OF 32ND AVE & 32ST. N.E.



1st PREFERRED CUSTOMER RATE REDUCTION AVAILABLE TO ELIGIBLE RETURNING CUSTOMERS*

We're not a couple, really: Sandra Bullock

ALL PHOTOS GETTY IMAGES

Denies rumours of romance with Ryan Reynolds

Sandra Bullock is doing her best to put the rumors about her and Ryan Reynolds to rest.

"I think there will be a collective sigh amongst women across the United Stated when I say he's not my lover," the Oscar-winner told Al Roker in an interview over the weekend.

"He's just an amazing friend for 10 years," she explained. "But I don't get his loving after dark."

METRO

Talking points

Fired staffer wants to meet with Lohan

Dawn Holland, the former Betty Ford Center staffer with whom Lindsay Lohan famously clashed with last month, wants to meet with the troubled starlet to bury the hatchet — and Michael Lohan thinks it's a fantastic idea.

"I think it's good for them both to put it behind them and show that they're going through these steps," he tells Radar Online. "One of the major steps is making amends, and I think it's important. Whether they do it privately or publicly, that's another story, but I think Lindsay and Dawn will have that meeting."

METRO

But look what you get

Orlando Bloom is offering up his Hollywood Hills home for rent — for $18,000 a month, according to Radar Online. The four-bedroom, three-bathroom house was famously burglarized in 2009 by actress Alexis Neiers and a gang of teens, who also targeted the homes of Paris Hilton and Lindsay Lohan. Bloom purchased the home in 2007 for $2.75 million.

METRO

Jesse James bounces back

Barely a year after a cheating scandal ended his marriage to Sandra Bullock, Jesse James is using Twitter to show off how in love he is with tattoo artist and reality TV star Kat Von D. "I've never felt so loved," James posted to his account. "Forty-eight hours away from you feels like a year. You will never be anything but beautiful to me." The feeling appears to be mutual, as the object of his affection responded with, "I'm not a stage-five-clinger, but I need you around me, Babe."

METRO

Orlando Bloom

Celebrity tweets

Kanye West

[@kanye west] Room service uuuuugh! I hate when I order fruit and I can taste the other food they cut with the same knife. Beef flavored pineapples

Eva Longoria

[@eva longoria] Yes I am sitting next to Zac Efron. I'm sure millions of young girls are very jealous right now!

Elizabeth Banks

[@ElizabethBanks] Cold Coke in a bottle (the Mexican kind) opened in front of me, dripping ice down the sides and like Pavlov's dogs, I'm salivating.

Sarah Silverman

[@SarahKSilverman] Fun tip: After complimenting someone, wait a beat and then yell, NOW YOU GO.

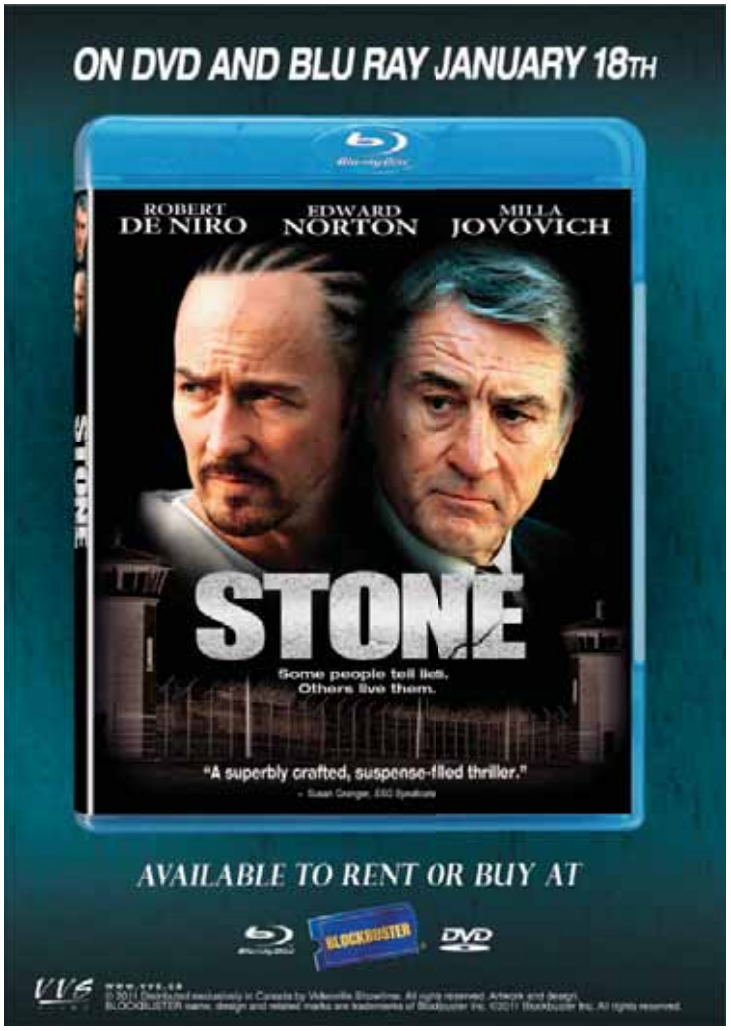
Aretha: They got it wrong

Aretha Franklin is opening up about her recent health issues. The Queen of Soul tells Access Hollywood that while she did undergo surgery last month, she never had pancreatic cancer, as was reported.

"I don't know where 'pancreatic cancer' came from," she says.

"I was sitting there reading the newspaper and it was saying someone in my family said that. No one in my family ever said that to anybody."

METRO



Give to a friend at no extra cost.

metro
News worth sharing.

ISTOCK PHOTO

▶ There is a new surgery that some obesity sufferers are turning to for help.

On the bandwagon

Those struggling with obesity are turning to a revolutionary new idea
Belly bands are helping with diabetes, high-blood pressure and weight

CELIA MILNE
WELLNESS@METRONEWS.CA

It's a new weapon in the battle of the bulge.

Belly band surgery is increasingly popular among obese patients. Dr. Chris Cobourn, a general surgeon at The Surgical Weight Loss Centre in Mississauga, performs Lap-Band surgery, and watches as patients as heavy as 575 pounds lose weight and get healthy.

"They love their band. No one wants to be obese. They are incredibly frustrated and depressed and a lot of patients have low self-esteem. This gives them a simple, elegant solution and they are the happiest patients in the world," says Cobourn.

"It's very safe," he adds. "We've done over 3,000 here with no major complications or deaths."

Lap-Band surgery is not for folks who just want to lose 10 pounds. It's for those with a body mass index (BM) over 35 or a BMI over 30 who also have medical problems such as diabetes, high blood pressure or sleep apnea. "It should be about improving one's health. The goal is to induce significant weight loss and keep it off," says Cobourn.

The Centre has a clinic in Vancouver and hopes to open soon in Calgary and on the east coast.

Lap-band surgery is done laparoscopically, and takes about half an hour. The surgeon places an adjustable band around the upper stomach, which decreases the amount of food the stomach can hold. The band can then be adjusted through an access port just under the skin on the abdomen. People generally return to work after about four days. The idea is to lose one or two pounds a week. When weight plateaus, the band gets tightened. If a female patient gets pregnant, the band can be loosened. The procedure has been successful, says Cobourn.

"Only about 10 per cent of patients either didn't lose 25 per cent of their body weight, or asked to have their band removed."

Fat stats

Here are some statistics on obesity from the Public Health Agency of Canada.

- **Obesity** Canada's rate of obesity is about 25 per cent, and rising.
- **Young people** Obesity in young people ages 12 to 17 is at about 10 per cent.
- **Health care** In 2005, obesity-related chronic conditions were thought to cost $1.8 million in direct costs (such as health care) and $2.5 billion in indirect costs (such as absenteeism and loss of productivity).

Achieving enormous loss

CELIA MILNE
WELLNESS@METRONEWS.CA

Tom Saridis, 39, has lost an almost unfathomable 280 pounds — the weight of two smallish adults. In 2006, just before he had Lap-Band surgery, Saridis weighed a colossal 500 pounds. Now he weighs in at 220 pounds, and at six-feet tall, he's delighted he can live a normal life.

Now when Saridis eats, he's thinking about quality, not quantity.

"I used to look for the largest portion on the menu. I'd order a 30-ounce Porterhouse, even if it was tough, when all I need is a four-ounce filet."

He believes in the Lap-Band procedure so passionately that soon after his surgery, he launched the Canadian Institute of Bariatric Options clinic in Toronto, which provides this surgery and the support needed afterward.

Patients who undergo Lap-Band surgery need to learn a new way of eating. Food has to be chewed carefully and eaten slowly, or they feel sick. Saridis had a great surgeon, but then wondered, "what's next?" Reputable clinics also provide psychological, nutrition and physical fitness services all in one place. "Surgery is the tool; the care afterward is the road map," he says.

Lap-Band surgery is not covered by provincial health care plans. At the CIBO clinic, it costs $3,600 down and $299 a month to a maximum of 72 months.

ISTOCK PHOTOS

3 life

Gamers

Young problem gamers who play compulsively on their consoles and computers may be at greater risk than others for mental health issues such as anxiety and depression, a new study suggests. In Pediatrics, researchers conclude that while game playing itself is not pathological initially, it becomes so for some individuals when the activity becomes dysfunctional.

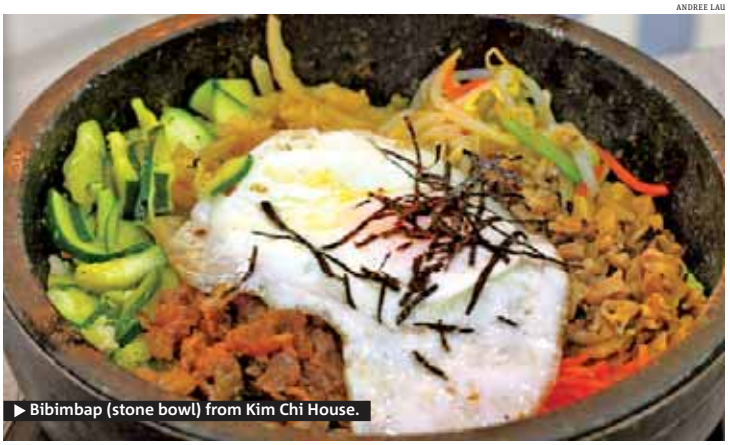
THE CANADIAN PRESS

Don't exceed top dose of acetaminophen when taking painkillers: Health Canada

Korean stone bowl sizzles

With its savoury Bibimbap, Kim Chi House is a hidden treasure in a no-frills Chinatown food court

ANDREE LAU



▶ Bibimbap (stone bowl) from Kim Chi House.

Kim Chi House
303 Centre St. S.W.
403-265-8098
Price range: $1.50 - $16.75 (cash only)
Low: $1.50 Kim Chee
High: $16.95 Herbal Chicken Soup
Rating: 4 out of 5
Reservations: No
Client negotiations: No
Lunch with co-workers: Yes
Quick solo lunch: Yes

LUNCH RUSH

ANDREE LAU
FOOD@METRONEWS.CA

There's ho-hum fast food that you forget as soon as you eat it and then there is filling, mouth-watering dishes from Kim Chi House, hidden in a no-frills Chinatown food court.

Bibimbap ($7.95) is particularly welcome on a frigid day.

A sizzling hot stone bowl is filled with white rice, sautéed beef, and a variety of vegetables.

The genius of this traditional dish is that the rice bits are made crunchy from the heat of the bowl.

A large plate of chicken bulgogi ($7.95), which comes with a bowl of rice, is enough to share between two. The tender, dark meat reflects its soy sauce, garlic, sugar and sesame oil marinade.

As is Korean custom, small dishes of cold bean sprouts and kim chi (pickled cabbage) are included in the meal.

Gochujang, a chilli pepper paste, is brought to the table in a plastic squeeze bottle.

It's such a fabulous spicy-sweet condiment I want to sneak it into my purse.

Sandwiches aren't just for lunch anymore

Preparation:

1 Preheat oven to 180 C (350 F) with racks in upper and lower thirds. Line 2 baking sheets with parchment paper.

▶ Whoopie Pies

2 In a bowl, whisk milk into cocoa. In another bowl, whisk flour, baking powder, baking soda and salt. In a bowl, using an electric mixer, beat sugar and butter until fluffy; beat in egg and vanilla. Using a spoon, stir in flour mixture alternately with milk mixture, making 3 additions of flour and 2 of milk, until blended.

3 Drop batter in 8 mounds onto 1 baking sheet, at least 7.5 cm (3 inches) apart; make 8 more on second sheet. Bake, switching pans on racks halfway, for about 15 minutes. Let cool on pan for 2 minutes. Transfer to rack to cool completely. Repeat to make 8 more, reusing 1 sheet; bake on middle rack.

4 **Filling:** In a small saucepan, sprinkle gelatin over milk; let stand 5 minutes. Heat over medium-low heat, stirring, until gelatin is dissolved. Pour into a bowl; stir in sugar and vanilla and let cool to room temperature. In a chilled bowl, using an electric mixer, whip cream until almost stiff peaks; gradually beat in milk mixture. Cover and refrigerate for 30 minutes.

5 To assemble, spread flat side of half the cakes with filling. Sandwich with remaining cakes. Decorate as desired.

THE CANADIAN PRESS

Ingredients:

Whoopie Pies
- 125 ml (1/2 cup) unsweetened cocoa powder
- 250 ml (1 cup) milk
- 500 ml (2 cups) all-purpose flour
- 5 ml (1 tsp) baking powder
- 2 ml (1/2 tsp) baking soda
- 1 ml (1/4 tsp) salt
- 250 ml (1 cup) sugar
- 125 ml (1/2 cup) butter, softened
- 1 egg
- 5 ml (1 tsp) vanilla

Filling
- 10 ml (2 tsp) unflavoured gelatin powder
- 125 ml (1/2 cup) milk
- 75 ml (1/3 cup) icing sugar
- 10 ml (2 tsp) vanilla
- 250 ml (1 cup) 35 per cent whipping cream

Argentina's wine scene

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
ON TWITTER: @THEREALWINEGUY

Raise your glass if you remember life before the Internet. Back then if you wanted to learn about something, you had to read a book.

Call me old fashioned, but I still love the smell and feel of freshly printed text and have found it kind of sad that while cookbooks seem to be thriving, the release of great wine books has become few and far between.

That's what makes Vino Argentino: An Insider's Guide to the Wines and Wine Country of Argentina (Chronicle Books, $31.95) by Laura Catena such a breath of fresh air.

Not only is it the first really comprehensive volume on the exploding Argentinean wine scene; Catena explores in great detail (and with much love) wine's relationship to Argentina's culture and food.

Her father, Nicolás Catena, owns Catena Zapata in Mendoza — one of Argentina's premier wineries, which I had a chance to tour.

Though the selection of Catena Zapata wines varies across the country, I recommend trying any of them, especially their entry level juice.

The 2009 Alamos Chardonnay ($13.95 - $14.99) is smooth and citrusy with a touch of oak that makes it a tasty match with creamy white sauces.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

RBC Royal Bank®

Bank outside the bank.

Banking is easier than ever with our new iPhone®1 and BlackBerry®2 smartphone app.

Available at rbc.com/gomobile

Advice you can bank on™

®Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ™Trademarks of Royal Bank of Canada. ®1Trademarks of Apple Inc., registered in the U.S and other countries. Standard message and data charges apply. ®2BlackBerry®, RIM®, Research In Motion® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. 1RBC Mobile Banking is provided by Royal Bank of Canada.

60 seconds

▶ Stephane Goulet, left, and Samantha Fraser, a couple who practice open marriage, are featured in the CBC documentary Thoroughly Modern Marriage.

[redacted]

When it comes to marriage, the times certainly are changing in Canada. For the first time in Canadian history, single people outnumber married people. Thoroughly Modern Marriage, a documentary by filmmaker Sue Ridout, takes a closer look at the institution of matrimony in our country. Metro recently had a chance to interview Ridout.

We know that single people in Canada outnumber married people right now. But we also know that there has been a 33 per cent increase in mixed-race couples in Canada in less than a decade. So how will Canada's growing multiculturalism affect marriage numbers in the future?

Multiculturalism certainly does have an effect on the marriage rate, but not to such an extent that we'd see a pronounced spike in the numbers. The number of families headed up by married couples in Toronto and Vancouver, for example, tends to be slightly higher than the average number for the rest of the country, and Statistics Canada attributes that to the high rates of immigration to those two cities.

Immigrants are more likely to get married than native-born Canadians, but it is also true that as the number of common-law couples continues to rise, and the number of arranged marriages in immigrant groups continues to decline, the overall effect on the national marriage rate will not be huge.

Compared to other G8 countries, where do you think Canada ranks in terms of our marriage numbers?

It sounds very Canadian, but Canada tends to sit somewhere in the middle.

The US marriage rate is usually about double that of Canada — Americans are much more conservative in their attitudes towards marriage vs. cohabitation, but it should be added that while they get married more, they also get divorced more, too. Canada's rates of marriage and cohabitation are always affected by the inclusion of Quebec, which overwhelmingly rejects marriage in favour of common-law unions.

Overall, Canada's statistics on marriage, divorce and cohabitation tend to be somewhere between a more conservative US, and a less conservative Europe & the UK.

Marriage is seen as a status symbol for many. As well, there is a multi-billion dollar industry devoted to it. So, how would the world be different if marriage didn't exist? Do you think we need marriage in society?

Marriage hasn't always been a status symbol, but it certainly is today and I think that's tied into our quest for personal fulfillment.

We see it as the capstone, as a way of telling our friends and families that we have "made it" and can now celebrate our partnerships.

In the old days, young people were married off by their families in a union that was seen as a way of advancing economically and socially. For a woman, it was important to make a "good" marriage and marry a man whose family was better off than yours.

Thoroughly Modern Marriage airs this Thursday at 9 p.m. ET/PT on CBC's Doc Zone.

Now, because of longer post-secondary education and a tighter job market, people are waiting longer — five years on average, which statistically is significant — to get married, and their families have less and less to do with it. They start a career, they buy a condo or house, they even have children together — and then they say to one another, this seems to be working out and we're settled now, so why not get married? It's become a symbol of personal achievement.

The number of common-law unions may be climbing, but many of them still culminate in a marriage. Seventy five to 80 per cent of Canadians still get married at some point in their lives. METRO

WHERE'D SHE GO?

What happened to the carefree girl I married? My wife's become a total stress case.

Derek says ...
When you figure out where she went, please let me know so I can search there too.

Angela says...
She's hiding in the closet. I'm curious — are you the same person she married?

In our 20s, we generally have less to be stressed about. As we get older and have kids, we struggle with work-life balance.

Have you asked yourself what she's stressed about? Are there ways to help alleviate that stress? Remember: marriage is a partnership.

You have to help find that girl — after all, you were there when she went into hiding, no?

Smug Marrieds

ANGELA PACIENZA & DEREK CHEZZI

2FORCOUPLES.COM
TWITTER: @SMUGMARRIEDS

HAIR LOSS PROBLEM?
Find the solution to your hair loss problem today,
BEFORE IT IS TOO LATE!
Natural Hair Regrowth With FU YAN's Special Treatment System & Chinese Traditional Premium Herbs. (works for Men & Women)
Reasonable, Faster, and Better Results!

*These actual before and after pictures will build your confidence in the FU YAN system. We will not deceive our customers with the use of false bald model's photographs and misleading advertising.

Many Albertan's have thanked FU YAN
RESULTS WITHIN 3 MONTHS.
Some conditions apply
• No Medication • No Surgery
• No Side Effects • No Gimmicks

FU YAN NATURAL HAIR REGROWTH TREATMENT CENTRE™
Suite 201, 2705 Centre St. NW Calgary AB T2E 2V5
TEL: 230-0200 FAX: 230-0213

It's time to move up to more space... and a better lifestyle.
HOMEBUYERS:
Let me help you explore your many mortgage options, including:
• Zero-down payment mortgages
• Programs for first time buyers
Experience Freedom: Home ownership will free you from the ties that bind you to a landlord!
I OFFER INNOVATIVE IDEAS FOR MAKING A SMART HOME PURCHASE, AND PAYING DOWN YOUR DEBT FASTER TO SAVE ON INTEREST COSTS.
Sherry Jenkins
Mortgage Associate
sherry@wemortgage.ca
403.804.3694
MORTGAGE INTELLIGENCE

THE BEST THING TO HAPPEN TO THE IPHONE SINCE OUR LAST APP!
NEW Crossword and Suduko updated daily.
Available on the App Store
metro play

Give to a friend at no extra cost. metro

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

FINANCIAL

NEED MONEY?
✓ No credit checks
✓ Fast approvals
Call 1-866-499-5629
And get cash now!!
www.mynextpay.com

500 loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660
www.moneyprovider.com

ACCOUNTING

PREMIER CREW LTD.
• Bookkeeping • Payroll • Financial Statements •
• Personal Income Tax Returns •
"For small & home based business"
All work reviewed by professional accountants
Call Walter or Theresa at 403-244-8837
WWW.PREMIERCREW.CA

Woman: The boss of money

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

Alison's Money Rule: If you want to know how and why money is spent, look to women.

Women are lousy drivers, shopaholics and emotional. These are all well-worn stereotypes in the gender game.

Here are a couple more: women aren't good with money and we are intimidated by financial issues.

But, when the stereotype is subjected to the hard light of research, a female of a whole different order emerges.

According to a new survey commissioned by Barbara Stewart (CFA), portfolio manager with Cumberland Private Wealth Management in Toronto, women today more closely resemble Rosie the Riveter in the realm of money than any blonde moment stereotype.

63%

Number of women who feel confident about their financial management capabilities.

We're strong, confident, involved and in control.

After reading the results of a national Angus Reid Public Opinion poll released in December, one can only come to a single conclusion — women are the boss of money.

Stewart, who has been advising high net worth clients for 15 years, had heard all the stereotypes about women and money and she was sick of them.

And it irked her that much in the delivery of financial services to women was based on the stereotypes of a gentler, more conservative and fearful sex.

The survey, conducted in conjunction with six focus groups led by Stewart and 25 in-depth interviews, includes one jaw dropping stat — 89 per cent of respondents laid claim to being the final decision maker on all matters of household spending.

Equally interesting, the same percentage indicated that financial decisions should be made in conjunction with their life partner. But only 51 per cent of respondents actually walked the walk and consulted with their mates about spending decisions.

Household spending is a mammoth area. We're not just talking about cereal and soap.

It's everything from clothes and renovations to electronics, recreation, medical and education. In 2009, household spending averaged more than $71,000 per family, according to Statistics Canada. And women run the show.

My own informal research shows that women are increasingly making the decisions in the investment arena.

▶ According to StatsCan, household spending averaged over $71,000 per family in 2009.

That means anyone with RRSP investment products to sell over the next six weeks had better pay attention to the fairer sex.

Fun and Frugal

LESLEY SCORGIE
MONEY@METRONEWS.CA

AFFORDABLE ART

You don't have to buy a van Gogh to enjoy art. Art comes in many broad categories – theatre, music, literature, dance, food and travel.

There are affordable and smart ways to infuse the arts into your lifestyle.

Many communities host free festivals, corporations sponsor plays and concerts, libraries and book shops promote literary events, and local governments foot the bill for tours or lunchtime performances.

Local events are often promoted through newsletters, Facebook, Twitter or community websites. Check with your employer or social club to see if you get freebies or discounts on tickets. If you travel, investigate local hot spots for the arts. You may find a Jazz bar, Shakespeare in the Park or reduced price tickets for Broadway.

Another affordable way to access art is to volunteer — join a fundraising committee for your local art gallery, teach an acting class, donate to a painting program, or write articles for a travel magazine.

Through careful selection of quality and smart shopping, physical pieces of art can be reasonably priced and may even grow in value.

Of course it doesn't make sense to purchase a Botero sculpture while you're hacking away at student loans and a mortgage.

But, as your career and income grows, you can plan ahead for artistic expenditures, stick to a realistic budget and avoid expensive payment plans.

Risk-free investing.
Yes, it does exist.

Enjoy higher potential returns.

Introducing the new market-linked BMO® Blue Chip GIC. Like all GICs, it offers 100% protection of your initial investment, but provides returns based on the performance of 10 Canadian blue chip stocks.

For more ways to make sense of saving and investing follow BMO SmartSteps® for Investing.

Call 1-877-CALL BMO or visit bmo.com/smartinvesting

Up to 4.2%* on a 1 year term

BMO Bank of Montreal
Making money make sense®

*The principal amount of a BMO Blue Chip GIC is guaranteed and is repayable upon maturity and, in addition, the GIC provides a minimum guaranteed rate of return, but there is no guarantee you will receive any additional return based on the performance of the Reference Portfolio. Past market performance is not an indicator of future market performance. Additional terms and conditions apply. ®Registered trade-marks of Bank of Montreal.

Marino advances, Dancevic downed

Vancouver's Rebecca Marino advanced into the second round of the Australian Open yesterday, while Canadian qualifier Frank Dancevic lost his opening match to France's No. 28 Richard Gasquet.

Marino, ranked 106th in the world, won her second career Grand Slam match, defeating Japan's Junri Namigata 6-2, 4-6, 6-3.

"I'm pretty happy with how I played in the third set," said Marino. "I went up 5-0, I had a good intensity level, serving and returning was good."

The 20-year-old Marino, who failed to qualify at preliminary WTA events this month in Brisbane and Sydney, will face her second top-10 opponent in as many majors when she plays French Open champion and sixth seed Francesca Schiavone in the second round.

Marino lost to Venus Williams at last year's U.S. Open after advancing to the second round as a qualifier.

Schiavone advanced with a 6-7 (4-7), 6-2, 6-4 win over Arantxa Parra Santonja of Spain. Marino and Schiavone have never faced each other.

Later yesterday, Dancevic, from Niagara Falls, Ont., lost 6-3, 6-4, 6-4 to Gasquet.

It's the third time in his career Dancevic has lost a first-round match at the Australian Open. He reached the second round once in 2007.

Dancevic, the world No. 269, was held to just a pair of aces and hampered by 29 unforced errors, losing serve six times.

"Conditions were slow and he completely took away my biggest weapon, my serve," said Dancevic.

THE CANADIAN PRESS

RYAN REMIORZ/THE CANADIAN PRESS

▶ The Canadiens' Lars Eller scores the first goal past the Flames' Miikka Kiprusoff as Cory Sarich looks on during the first period last night.

Subban spoils comeback bid

Flames can't finish off Habs in see-saw battle that had both starting goalies pulled ◐ Calgary has points in five straight, finish road trip at 2-0-2

5	4
CANADIENS	FLAMES

P.K. Subban scored 1:06 into overtime as the Montreal Canadiens recovered from blowing a four-goal lead to defeat the Calgary Flames 5-4 yesterday.

Subban took a feed from Scott Gomez on the right side and beat Henrik Karlsson with a high shot in the extra period.

Michael Cammalleri, Lars Eller, Andrei Kostitsyn and Jeff Halpern scored on Montreal's first 17 shots to take a 4-0 lead on Mikka Kiprusoff, who left at 6:34 of the second period in favour of Karlsson.

Rene Bourque, Jarome Iginla, Ales Kotalik and Alex Tanguay then scored for Calgary, who chased Auld for Carey Price at 2:56 of the third after giving up four on 24 shots.

The Canadiens (26-17-3) are 6-1-1 in their last eight games.

The Flames (20-20-6) were playing their third game in four nights and ended a four-game east coast road trip. They now have points in five straight games.

Auld made only his sixth start of the season and his first at the Bell Centre.

Eller scored only his third goal of the season and first since Dec. 2 as he was in the right place to take the puck on a rebound off Cammalleri's skate and beat Kiprusoff 4:27 into the game.

Robyn Regehr returned after missing two games with a lower-body injury.

THE CANADIAN PRESS

Jays add another arm to their bullpen

The Toronto Blue Jays have signed free-agent reliever Jon Rauch to a $3.5-million US, one-year deal.

The agreement includes a one-year club option worth $3.75 million.

The six-foot-11 right-hander posted a 3-1 record with a career-high 21 saves and a 3.12 ERA for the Minnesota Twins last year.

41 Total saves for Rauch over 415 career games with the White Sox, Expos, Nationals, Diamondbacks and Twins.

Rauch, 32, joins Octavio Dotel in Toronto's remade bullpen and gives the club another option for a closer.

THE CANADIAN PRESS

GREGORY SHAMUS/GETTY IMAGES

▶ Jon Rauch

Sports in brief

Favre retires once again

NFL. Brett Favre is following through on that vow to finally end his career after 20 NFL seasons.

League spokesman Greg Aiello confirmed that the Minnesota quarterback had filed his retirement papers with the NFL. The news was first reported by Fox Sports on its website yesterday. THE ASSOCIATED PRESS

Giambi signs with Rockies

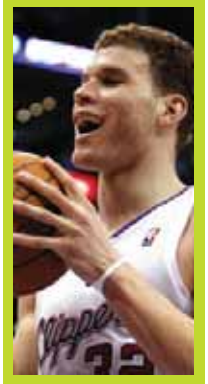
MLB. The Colorado Rockies are bringing back the big bat of Jason Giambi to go with the strong arm of right-handed reliever Matt Lindstrom.

The hard-throwing Lindstrom and the Colorado Rockies agreed to a $6.6-million US, two-year contract yesterday, the same day the club agreed to a minor-league deal with the 40-year-old Giambi.

THE ASSOCIATED PRESS

4 sports

Quoted



"It's cool because all I hear is, 'He can dunk and jumps high' ... People question the other skills and as a basketball player, you take that personally."

LOS ANGELES CLIPPERS ROOKIE POWER FORWARD BLAKE GRIFFIN AFTER SCORING A CAREER-HIGH 47 POINTS AND 14 REBOUNDS IN A 114-107 WIN OVER THE INDIANA PACERS YESTERDAY.

ACCESS LEGAL RESEARCH INC.
CRIMINAL PARDONS/ U.S WAIVER
NO FAULT DIVORCE
DEBT COLLECTION
OPEN SATURDAY BY APPOINTMENT
CALL 403.228.1300

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	45	29	11	2	3	155	120	63	13-6-0-2	16-5-2-1	7-3-0-0	W2
d-Boston	45	25	13	2	5	139	101	57	12-8-1-2	13-5-1-3	5-2-1-2	W1
d-Tampa Bay	46	26	15	3	2	137	148	57	13-4-1-1	13-11-2-1	4-5-0-0	L2
Pittsburgh	46	28	14	2	2	146	109	60	14-9-1-0	14-5-1-2	4-4-0-2	W2
Washington	46	25	14	4	3	131	121	57	16-5-2-3	9-9-2-0	5-2-2-1	W1
Montreal	46	26	17	3	0	117	111	55	16-6-3-0	10-11-0-0	6-3-1-0	W2
NY Rangers	47	26	18	2	1	132	115	55	11-10-1-1	15-8-1-0	5-4-1-0	L2
Atlanta	48	23	18	3	4	146	153	53	11-9-1-2	12-9-2-2	4-5-1-0	W1
Carolina	45	22	17	2	4	135	142	50	11-7-1-1	11-10-1-3	5-3-2-0	L1
Florida	44	21	20	1	2	121	116	45	11-8-1-2	10-12-0-0	5-3-1-1	L1
Buffalo	44	19	20	5	0	121	131	43	10-11-1-0	9-9-4-0	5-4-1-0	L1
Toronto	44	18	21	2	3	114	132	41	9-10-2-2	9-11-0-1	5-4-0-1	L2
Ottawa	46	17	23	4	2	102	142	40	9-13-1-1	8-10-3-1	3-6-0-1	L2
NY Islanders	44	14	23	3	4	108	148	35	8-9-1-3	6-14-2-1	4-5-0-1	L1
New Jersey	45	13	29	2	1	90	140	29	7-13-1-1	6-16-0-0	4-5-2-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	45	29	10	3	3	149	109	64	15-3-1-2	14-7-2-1	7-2-0-1	L1
d-Detroit	45	28	11	4	2	157	131	62	14-5-3-1	14-6-1-1	6-2-1-1	W1
d-Dallas	46	28	13	1	4	135	119	61	15-6-1-3	13-7-0-1	7-2-0-1	W5
Phoenix	46	23	14	6	3	134	130	55	10-6-3-2	13-8-3-1	6-2-1-1	L1
Nashville	45	24	15	4	2	119	109	54	11-4-3-2	13-11-1-0	7-3-0-0	L1
Chicago	47	25	18	2	2	150	130	54	16-11-0-0	9-7-2-2	5-4-0-1	W1
Anaheim	48	25	19	2	2	129	135	54	17-7-0-1	8-12-2-1	7-3-0-0	W1
Colorado	45	23	16	6	0	148	143	52	12-8-3-0	11-8-3-0	4-4-2-0	W1
San Jose	47	23	19	4	1	136	133	51	11-10-2-1	12-9-2-0	3-7-0-0	W2
Los Angeles	45	24	20	1	0	133	115	49	15-8-1-0	9-12-0-0	2-8-0-0	L1
Minnesota	45	22	18	1	4	113	127	49	11-11-0-2	11-7-1-2	6-4-0-0	W1
St. Louis	44	21	17	2	4	119	128	48	14-8-0-2	7-9-2-2	4-5-0-1	W1
Columbus	45	21	20	3	1	118	142	46	12-10-0-1	9-10-3-0	4-5-1-0	L1
Calgary	46	20	20	2	4	126	137	46	11-8-0-1	8-12-2-4	5-2-1-2	L1
Edmonton	44	14	23	1	6	112	151	35	7-11-1-2	7-12-1-3	2-7-0-1	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
Montreal 5 Calgary 4 (OT)
Atlanta 3 Florida 2 (SO)
Boston 7 Carolina 0
Dallas 2 Los Angeles 1
New Jersey 5 N.Y. Islanders 2
San Jose 4 Phoenix 2
Sunday's results
Anaheim 3 Edmonton 2
Minnesota 4 Vancouver 0
Washington 3 Ottawa 1
Chicago 6 Nashville 3
Philadelphia 3 N.Y. Rangers 2

Tonight's games
All times Eastern
Montreal at Buffalo, 7 p.m.
Washington at Philadelphia, 7 p.m.
Detroit at Pittsburgh, 7 p.m.
Boston at Carolina, 7 p.m.
Anaheim at Ottawa, 7:30 p.m.
Columbus at Tampa Bay, 7:30 p.m.
Los Angeles at St. Louis, 8 p.m.
Vancouver at Colorado, 9 p.m.
Minnesota at Edmonton, 9 p.m.
Nashville at Phoenix, 9 p.m.

CANADIENS 5, FLAMES 4 (OT)

First Period
1. Montreal, Eller 3 (Cammalleri, Plekanec) 4:27
2. Montreal, Cammalleri 13 (Halpern, Subban) 11:42
Penalties — Babchuk Cal (tripping) 8:24, Cammalleri Mtl (slashing) 9:35, Gionta Mtl (interference) 16:16, Pardy Cal (hooking) 18:01.
Second Period
3. Montreal, Kostitsyn 12 (Weber, Spacek) 3:14
4. Montreal, Halpern 7 (Moen, Spacek) 6:34
5. Calgary, Bourque 15 (Jokinen, Sarich) 13:26
6. Calgary, Bouwmeester 5 18:48
Penalties — Gionta Mtl (goaltender interference) 0:21, Jackman Cal (goaltender interference) 14:34.
Third Period
7. Calgary, Kotalik 3 (Jokinen) 1:37
8. Calgary, Tanguay 11 (Iginla, Morrison) 2:56
Penalty — Montreal bench (too many men, served by Pacioretty) 6:21.
Overtime
9. Montreal, Subban 4 (Gomez, Gill) 1:06
Penalties — None.
Shots

Calgary	10	10	8	0—28
Montreal	12	10	6	1—29

Goal (shots-saves) — Calgary: Kiprusoff (17-13), Karlsson (L,3-3-4)(6:34 second)(12-11); Montreal: Auld (24-20), Price (W,23-15-3)(2:56 third)(4-4). **Power plays (goals-chances)** — Calgary: 0-4; Montreal: 0-3.
Referees — Dave Jackson, Frederic l'Ecuyer.
Linesmen — Steve Barton, Scott Cherrey.
Att. — 21,273 (21,273) at Montreal.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	32	34	66
Stamkos, TB	33	28	61
D.Sedin, Vcr	27	31	58
St. Louis, TB	19	37	56
H.Sedin, Vcr	9	46	55
B.Richards, Dal	18	36	54
Zetterberg, Det	16	34	50
Perry, Ana	23	26	49
Eriksson, Dal	17	32	49
Kopitar, LA	16	31	47
E.Staal, Car	22	24	46
Ovechkin, Wash	15	30	45
Sharp, Chi	25	19	44
Duchene, Col	18	25	43
Heatley, SJ	18	25	43
J.Thornton, SJ	13	30	43
Kesler, Vcr	24	18	42
Lidstrom, Det	11	31	42
Iginla, Cal	18	23	41
Byfuglien, Atl	16	25	41
Selanne, Ana	14	27	41
Backstrom, Wash	11	30	41
Enstrom, Atl	8	33	41
Briere, Pha	24	16	40
M.Richards, Pha	15	25	40
Ribeiro, Dal	9	31	40
Letang, Pgh	7	33	40
Nash, Clb	21	18	39
Giroux, Pha	17	22	39
Ladd, Atl	16	23	39
Datsyuk, Det	12	27	39
Havlat, Minn	11	28	39
Visnovsky, Ana	8	31	39
J.Carter, Pha	19	19	38
Dubinsky, NYR	17	21	38
P.Stastny, Col	16	22	38
M.Koivu, Minn	11	27	38
Toews, Chi	17	20	37
J.Williams, LA	17	20	37
Hejduk, Col	14	23	37
MacArthur, Tor	14	23	37
Getzlaf, Ana	13	24	37
Clowe, SJ	12	25	37
Ryan, Ana	21	15	36

GOLF

PGA FEDEXCUP STANDINGS

(all figures in U.S. dollars)

Rank, Name	Points	Money
1. Jonathan Byrd	534	$1,146,606
2. Mark Wilson	500	$990,000
3. Robert Garrigus	300	$635,000
4. Tim Clark	299	$571,000
5. Steve Marino	245	$484,000
6. Matt Kuchar	200	$410,500
7. Steve Stricker	195	$429,500
8. Graeme McDowell	190	$412,000
9. Matt Bettencourt	157	$284,500
10. Jimmy Walker	135	$264,000
11. Jason Day	123	$219,357
12. Carl Pettersson	123	$286,500
13. Justin Rose	116	$226,286
14. Anthony Kim	107	$169,786
15. Arjun Atwal	100	$166,925
16. Stuart Appleby	96	$151,286
17. Cameron Beckman	96	$124,357
18. Ian Poulter	95	$201,500
19. Shigeki Maruyama	88	$177,375
19. Roland Thatcher	88	$177,375
21. Bill Haas	85	$182,000
22. Ernie Els	81	$106,800
23. Jim Furyk	75	$162,000
23. Dustin Johnson	75	$162,000
25. Ryan Palmer	75	$120,200
26. Jerry Kelly	73	$143,000
26. Davis Love III	73	$143,000
26. Chris Riley	73	$143,000
29. Jason Bohn	66	$74,093
30. Bill Lunde	61	$132,000
31. Zach Johnson	57	$78,880
32. Chad Campbell	55	$94,286
32. Brian Gay	55	$94,286
32. Tag Ridings	55	$94,286
32. Rory Sabbatini	55	$94,286
36. Ben Crane	50	$71,000
36. Adam Scott	50	$71,000
38. Rocco Mediate	49	$67,880
39. Brendon de Jonge	48	$57,357
39. Kevin Na	48	$57,357
39. Jeff Overton	48	$57,357
39. Alex Prugh	48	$57,357
39. John Senden	48	$57,357
44. Charley Hoffman	45	$62,000
44. Hunter Mahan	45	$62,000
44. Bubba Watson	45	$62,000
47. Heath Slocum	44	$68,895
48. Fredrik Jacobson	43	$40,700
48. Marc Leishman	43	$40,700
48. Boo Weekley	43	$40,700
51. Chris DiMarco	40	$34,925
51. Chris Kirk	40	$34,925
51. John Merrick	40	$34,925
54. Derek Lamely	39	$55,000
55. Aaron Baddeley	34	$26,606
55. Steven Bowditch	34	$26,606
55. D.J. Brigman	34	$26,606
55. Colt Knost	34	$26,606
55. Spencer Levin	34	$26,606
55. Jarrod Lyle	34	$26,606
55. Daniel Summerhays	34	$26,606
62. Kevin Chappell	28	$19,800
62. Brandt Jobe	28	$19,800
62. Nate Smith	28	$19,800
65. Webb Simpson	24	$15,593
65. Charlie Wi	24	$15,593
67. Michael Connell	21	$13,860
68. Billy Mayfair	20	$13,530
69. Michael Sim	18	$12,980
70. Matt McQuillan	**17**	**$12,705**
70. Jesper Parnevik	17	$12,705
72. Jason Dufner	15	$12,540
Also		
82. David Hearn	**1**	**$10,395**

SOCCER

ASIAN CUP

Yesterday's results
At Al Rayyan, Qatar
Japan 5 Saudi Arabia 0
At Doha, Qatar
Jordan 2 Syria 1

SPAIN

LA LIGA

Yesterday's results
Atletico Madrid 3 Mallorca 0

TENNIS

AUSTRALIAN OPEN

At Melbourne, Australia
Tuesday's results
MEN
Singles — First Round
Rafael Nadal (1), Spain, def. Marcos Daniel, Brazil, 6-0, 5-0, retired.
Mikhail Youzhny (10), Russia, def. Marsel Ilhan, Turkey, 6-2, 6-3, 7-6 (5).
Jurgen Melzer (11), Austria, def. Vincent Millot, France, 6-2, 6-4, 6-2.
Marin Cilic (15), Croatia, def. Donald Young, U.S., 6-3, 6-2, 6-1.
Feliciano Lopez (31), Spain, def. Alejandro Falla, Colombia, 6-3, 7-6 (6), 6-3.
Guillermo Garcia-Lopez (32), Spain, def. Michael Berrer, Germany, 6-4, 6-4, 3-6, 6-3.
Eduardo Schwank, Argentina, def. Leonardo Mayer, Argentina, 6-2, 6-0, 6-4.
Bernard Tomic, Australia, def. Jeremy Chardy, France, 6-3, 6-2, 7-6 (5).
Michael Russell, U.S., def. Matthew Ebden, Australia, 6-3, 6-2, 5-7, 7-6 (9).
Blaz Kavcic, Slovenia, def. Kevin Anderson, South Africa, 2-6, 6-4, 7-6 (4), 7-6 (5).
WOMEN
Singles — First Round
Vera Zvonareva (2), Russia, def. Sybille Bammer, Austria, 6-2, 6-1.
Sam Stosur (5), Australia, def. Lauren Davis, U.S., 6-1, 6-1.
Jelena Jankovic (7), Serbia, def. Alla Kudryavtseva, Russia, 6-0, 7-6 (5).
Agnieszka Radwanska (12), Poland, def. Kimiko Date-Krumm, Japan, 6-4, 4-6, 7-5.
Petra Kvitova (25), Czech Republic, def. Sally Peers, Australia, 6-2, 6-4.
Lourdes Dominguez Lino, Spain, def. Johanna Larsson, Sweden, 6-2, 6-1.
Iveta Benesova, Czech Republic, def. Anabel Medina Garrigues, Spain, 6-0, 6-1.
Anna Chakvetadze, Russia, def. Olga Govortsova, Belarus, 6-3, 6-4.
Bojana Jovanovski, Serbia, def. Chang Kaichen, Taiwan, 7-5, 6-1.
Petra Martic, Croatia, def. Sophie Ferguson, Australia, 7-6 (6), 0-6, 6-3.
Peng Shuai, China, def. Kateryna Bondarenko, Ukraine, 2-6, 6-3, 8-6.
Monday's results
MEN
Singles — First Round
Roger Federer (2), Switzerland, def. Lukas Lacko, Slovakia, 6-1, 6-1, 6-3.
Novak Djokovic (3), Serbia, def. Marcel Granollers, Spain, 6-1, 6-3, 6-1.
Tomas Berdych (6), Czech Republic, def. Marco Crugnola, Italy, 6-4, 6-0, 6-2.
Andy Roddick (8), U.S., def. Jan Hajek, Czech Republic, 6-1, 6-2, 6-2.
Fernando Verdasco (9), Spain, def. Rainer Schuettler, Germany, 6-1, 6-3, 6-2.
Gael Monfils (12), France, def. Thiemo de Bakker, Netherlands, 6-7 (5), 2-6, 7-5, 6-2, 6-1.
Nicolas Almagro (14), Spain, def. Stephane Robert, France, 6-4, 6-3, 6-7 (4), 7-5.
Mardy Fish (16), U.S., def. Victor Hanescu, Romania, 2-6, 4-6, 6-3, 7-5, 6-3.
Ivan Ljubicic (17), Croatia, def. Peter Luczak, Australia, 6-3, 6-3, 7-6 (2).
Lukasz Kubot, Poland, def. Sam Querrey (18), U.S., 5-7, 6-2, 3-6, 6-1, 8-6.
Stanislas Wawrinka (19), Switzerland, def. Teymuraz Gabashvili, Russia, 7-6 (3), 6-4, 6-4.
Florian Mayer, Germany, def. Nikolay Davydenko (23), Russia, 6-3, 4-6, 7-6 (4), 6-4.
Albert Montanes (25), Spain, def. Dustin Brown, Germany, 6-4, 6-2, 3-6, 7-5.
Juan Monaco (26), Argentina, def. Simon Greul, Germany, 7-6 (5), 7-6 (4), 6-2.
Richard Gasquet (28), France, def. Frank Dancevic, Niagara Falls, Ont., 6-3, 6-4, 6-4.
Viktor Troicki (29), Serbia, def. Dmitry Tursunov, Russia, 6-2, 3-6, 6-2, 6-0.
Sergiy Stakhovsky, Ukraine, def. Daniel Brands, Germany, 6-2, 6-3, 6-4.
Robin Haase, Netherlands, def. Carlos Berlocq, Argentina, 6-4, 6-3, 7-6 (5).
Kei Nishikori, Japan, def. Fabio Fognini, Italy, 6-1, 6-4, 6-7 (4), 6-4.
Igor Kunitsyn, Russia, def. Michal Przysiezny, Poland, 6-7 (1), 6-4, 6-4, 7-6 (6).
Adrian Mannarino, France, def. Ryan Harrison, U.S., 6-4, 6-3, 6-4.
Xavier Malisse, Belgium, def. Pablo Andujar, Spain, 6-1, 6-2, 7-6 (3).
Frederico Gil, Portugal, def. Pablo Cuevas, Uruguay, 6-4, 6-7 (7), 4-6, 6-3, 9-7.
Grigor Dimitrov, Bulgaria, def. Andrey Golubev, Kazakhstan, 6-1, 6-4, 6-2.
Nicolas Mahut, France, def. Brian Dabul, Argentina, 6-3, 6-4, 6-4.
Philipp Kohlschreiber, Germany, def. Tobias Kamke, Germany, 1-6, 4-6, 7-6 (6), 6-4, 6-4.
Tommy Robredo, Spain, def. Somdev Devvarman, India, 7-6 (4), 6-3, 6-4.
Igor Andreev, Russia, def. Filippo Volandri, Italy, 6-3, 7-6 (3), 6-3.
Benoit Paire, France, def.Flavio Cipolla, Italy, 6-1, 7-5, 6-1.
Gilles Simon, France, def. Yen-hsun Lu, Taiwan, 6-7 (3), 6-2, 6-4, 6-2.
Janko Tipsarevic, Serbia, def. Mischa Zverev, Germany, 6-3, 6-1, 6-4.
Ivan Dodig, Croatia, def. Ivo Karlovic, Croatia, 6-4, 3-6, 7-6 (5), 4-6, 6-4.
WOMEN
Singles — First Round
Caroline Wozniacki (1), Denmark, def. Gisela Dulko, Argentina, 6-3, 6-4.
Venus Williams (4), U.S., def. Sara Errani, Italy, 6-3, 6-2.
Francesca Schiavone (6), Italy, def. Arantxa Parra Santonja, Spain, 6-7 (4), 6-2, 6-4.
Victoria Azarenka (8), Belarus, def. Kathrin Worle, Germany, 6-0, 6-2.
Li Na (9), China, def. Sofia Arvidsson, Sweden, 6-1, 7-5.
Justine Henin (11), Belgium, def. Sania Mirza, India, 5-7, 6-3, 6-1.
Maria Sharapova (14), Russia, def. Tamarine Tanasugarn, Thailand, 6-1, 6-3.
Marion Bartoli (15), France, def. Tathiana Garbin, Italy, 6-0, 6-0.
Barbora Zahlavova Strycova, Czech Republic, def. Aravane Rezai (17), France, 6-0, 3-6, 7-5.
Kaia Kanepi (20), Estonia, def. Magdalena Rybarikova, Slovakia, 2-6, 6-4, 6-3.
Yanina Wickmayer (21), Belgium, def. Jarmila Groth, Australia, 6-3, 2-6, 6-4.
Svetlana Kuznetsova (23), Russia, def. Alison Riske, U.S., 6-3, 6-2.
Regina Kulikova, Russia, def. Daniela Hantuchova (28), Slovakia, 7-6 (3), 3-6, 9-7.
Dominika Cibulkova (29), Slovakia, def. Angelique Kerber, Germany, 6-2, 6-7 (4), 6-4.
Andrea Petkovic (30), Germany, def. Jill Craybas, U.S., 6-1, 6-2.
Tsvetana Pironkova (32), Bulgaria, def. Pauline Parmentier, France, 6-4, 3-6, 6-3.
Rebecca Marino, Vancouver def. Junri Namigata, Japan, 6-2, 4-6, 6-3.
Evgeniya Rodina, Russia, def. Olivia Rogowska, Australia, 6-3, 6-1.
Alberta Brianti, Italy, def. Lucie Hradecka, Czech Republic, 6-4, 7-5.
Monica Niculescu, Romania, def. Timea Bacsinszky, Switzerland, 6-0, 6-3.
Julia Goerges, Germany, def. Edina Gallovits-Hall, Romania, 6-3, 6-3.
Chanelle Scheepers, South Africa, def. Karolina Sprem, Croatia, 4-6, 6-4, 6-2.
Sandra Zahlavova, Czech Republic, def. Renata Voracova, Czech Republic, 6-3, 6-1.
Virginie Razzano, France, def. Elena Vesnina, Russia, 4-6, 6-3, 6-3.
Vesna Manasieva, Russia, def. Laura Pous Tio, Spain, 7-5, 6-2.
Jelena Dokic, Australia, def. Zuzana Ondraskova, Czech Republic, 6-3, 6-2.
Vania King, U.S., def. Tamira Paszek, Austria, 6-7 (4), 6-0, 6-3.
Andrea Hlavackova, Czech Republic, def. Patricia Mayr-Achleitner, Austria, 7-5, 6-4.
Elena Baltacha, Britain, def. Jamie Hampton, U.S., 3-6, 6-4, 7-5.
Anne Keothavong, England, def Arina Rodionova, Russia, 7-5, 6-4.
Anastasija Sevastova, Latvia, def. Polona Hercog, Slovenia, 6-4, 7-6 (5).
Arantxa Rus, Netherlands, def. Bethanie Mattek-Sands, U.S., 6-1, 3-6, 7-5.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	2	2		01.000	25	16	—
Boston	2	2		01.000	20	13	—
Rochester	2	1	1	.500	20	22	1
Buffalo	2	1	1	.500	18	16	1
Philadelphia	2	0	2	.000	12	19	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	3	2	1	.667	30	28	—
Minnesota	2	1	1	.500	26	19	1/2
Colorado	2	1	1	.500	18	18	1/2
Washington	3	1	2	.333	30	39	1
Edmonton	2	0	2	.000	14	23	11/2

WEEK THREE
Friday's game
All times Eastern
Boston at Toronto, 7:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	31	9	.775	—
d-Miami	30	12	.714	2
d-Chicago	28	13	.683	3½
Atlanta	27	15	.643	5
Orlando	26	15	.634	5½
New York	22	18	.550	9
Philadelphia	17	23	.425	14
Indiana	16	22	.421	14
Charlotte	15	24	.385	15½
Milwaukee	14	24	.368	16
Detroit	15	26	.366	16½
Toronto	13	28	.317	18½
Washington	12	27	.308	18½
New Jersey	10	31	.244	21½
Cleveland	8	32	.200	23

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	35	6	.854	—
d-L.A. Lakers	30	12	.714	5½
d-Oklahoma City	27	13	.675	7½
Utah	27	14	.659	8
Dallas	26	14	.650	8½
New Orleans	26	16	.619	9½
Denver	23	17	.575	11½
Portland	21	20	.512	14
Memphis	19	22	.463	16
Phoenix	18	21	.462	16
Houston	19	23	.452	16½
Golden State	17	23	.425	17½
L.A. Clippers	15	25	.375	19½
Minnesota	10	31	.244	25
Sacramento	9	30	.231	25

d — division leader
Yesterday's results
Chicago 96 Memphis 84
Phoenix 129 New York 121
Washington 108 Utah 101
Philadelphia 96 Charlotte 92 (OT)
Houston 93 Milwaukee 84
New Orleans 85 Toronto 81
L.A. Clippers 114 Indiana 107
Detroit 103 Dallas 89
Golden State 109 New Jersey 100
Atlanta 100 Sacramento 98
Boston 109 Orlando 106
Minnesota at Portland
Oklahoma City at L.A. Lakers
Sunday's results
L.A. Clippers 99 L.A. Lakers 92
San Antonio 110 Denver 97
Tonight's games
All times Eastern
Atlanta at Miami, 7:30 p.m.
Charlotte at Chicago, 8 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	36	341	281	1026	28.5
Stoudemire, NYK	39	376	255	1015	26.0
Ellis, GOL	39	372	188	1001	25.7
James, MIA	40	347	266	1015	25.4

Not including yesterday's games

NFL

DIVISIONAL PLAYOFFS

Sunday's results
AFC
N.Y. Jets 28 New England 21
NFC
Chicago 35 Seattle 24

CONFERENCE CHAMPIONSHIPS

Sunday, Jan. 23
Green Bay at Chicago, 3 p.m.
N.Y. Jets at Pittsburgh, 6:30 p.m.

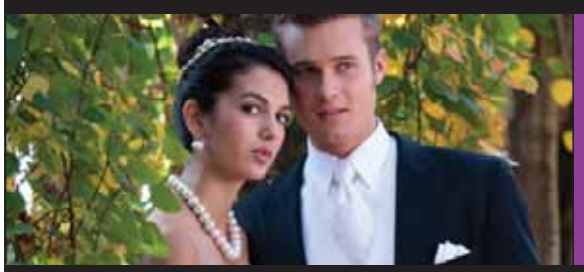
PRO BOWL

Sunday, Jan. 30
At Honolulu
AFC vs. NFC, 7 p.m.

SUPER BOWL

Sunday, Feb. 6
At Arlington, Texas
AFC vs. NFC champions, 6:30 p.m.

Celebrate family & friends

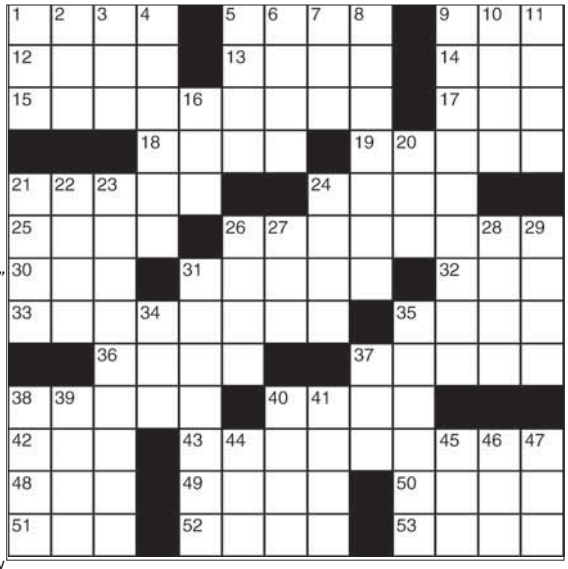


Come in to Derks
and receive your rental
Savings Coupon
Today!

CONSUMER CHOICE AWARD 2010

Derks Formals Menswear
www.derks.ca
#107, 7004 MacLeod Trail • SE 403.301.3366
#107, 908 - 17th Ave SW • 403.288.5288

Crossword



Across

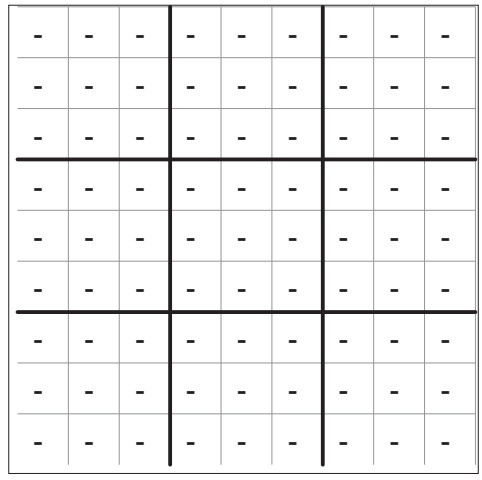
1 Entreaty
5 Reverberate
9 Hope or Newhart
12 Skirt edges
13 Christmas refrain
14 Rhyming tribute
15 Instrument panel
17 Intention
18 Group of actors
19 Greene of "Bonanza"
21 City-related
24 "Leave It to Beaver" dad
25 Any moment now
26 Square dances
30 Greek vowel
31 Journal
32 "That feels so good"
33 Rump
35 Hodgepodge
36 Uses a shovel
37 Bracelet location, maybe
38 Throng
40 Timbuktu's country
42 Blood-group letters
43 Go downhill, in a way
48 Keanu, in "The Matrix"
49 Albacore
50 Pleasant
51 P.E. venue
52 Remain
53 Cabbage salad

Down

1 Third degree?
2 Meadow
3 Type squares
4 Garbage receptacle
5 Eve's grandson
6 Layer of paint
7 That girl
8 Wife or mother, slangily
9 "Monopoly" property
10 Valhalla VIP
11 Everly Brothers' "Let It —"
16 Prohibit
20 Acapulco gold
21 Secondhand
22 Memory method
23 Staff meeting site
24 Existed
26 Hastens
27 Rowing need
28 Hammer's target
29 Oxford, e.g.
31 Literary condensations
34 Disencumber
35 Toppers for Whoppers
37 Priestly garment
38 Suspend
39 Do as you're told
40 "—Lisa"
41 Vacationing
44 Wacko
45 Have a bug
46 Nipper's co.
47 Morning moisture

▶ Yesterday's answer

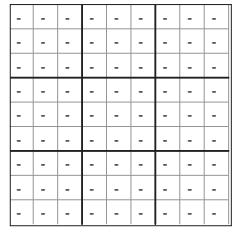
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Dear Harshvardhan Partap Singh, I just love you the way you are. You are the best thing ever happened to me in life. Love the way you cook... I hope you read it while travelling to school on the go! **YOURS FOREVER...**

To my baby i love you soooooo much you mean the world to me, your smile lights up a room, you make my heart melt me and you for life baby **YOUR HUBBY!!!!!!**

ate maritess, happy birthday!thanks for being such a blessing to all of us.i hope the best of the bests for you,and so with niko and nikki.we so love you.you're great!keep it up! Godbless. **LOVELOTS, ELIESE**

all the kids call you ms. honey. you are the sweetest teacher i ever met, and i want to send you all my love sealed with a kiss. You always will be special in my life. **FROM YOUR: CHERI BLOSSOM.**

A look at the weather

TODAY	WEDNESDAY	THURSDAY
Min -13° Max -3°	Min -13° Max -5°	Min -5° Max -2°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You will be hugely assertive today and that's good because if you believe in your abilities and if you are prepared to take risks anything is possible.

♉ Taurus April 21-May 21 Your imaginative powers are strong at the moment but that will only be a good thing if you know how to keep self-doubt at arm's length. Focus on positive thoughts only.

♊ Gemini May 22-June 21 Today's link between your ruler Mercury and power planet Pluto will encourage you to be inventive, especially in finding ways to make money. Think of something that has not been done before – then do it.

♋ Cancer June 22-July 22 Unexpected developments of some sort will catch just about everyone by surprise today but if you stay calm and look for ways to turn them to your advantage you will benefit while others struggle.

♌ Leo July 23-Aug.23 You won't care in the slightest what other people think or say about you today. That frees you to take chances – and win.

♍ Virgo Aug. 24- Sept. 22 With Mercury, your ruler, linked to power planet Pluto today the way you interact with employers and senior colleagues is of the utmost importance. Make sure you respect them, even if they don't always respect you.

♎ Libra Sept. 23-Oct. 23 Resist the urge to make value judgments about people whose personal lives you don't know much about. No one is perfect. We all have our failings.

♏ Scorpio Oct. 24-Nov. 22 Act quickly if someone in a position of power makes you the proverbial offer you cannot refuse today. If you don't take them up on it one or more of your rivals wil.

♐ Sagittarius Nov. 23-Dec. 21 If you need to do something that is going to take a lot of energy now is the time to get started. Your mind is a powerful tool and if you use it correctly today you can overcome any obstacle and reach any objective.

♑ Capricorn Dec. 22-Jan. 20 Today's Mercury-Pluto union will endow you with the kind of faith that can move mountains – so get moving!

♒ Aquarius Jan. 21-Feb. 18 The more others say you should be respectful of people in positions of power the more you will go out of your way to show you are a free individual and you bow to no one's authority. Good for you!

♓ Pisces Feb. 19-March 20 It's natural that you feel a bit concerned about some of the things going on in your world, but nothing bad will happen to you personally. Even if it did, you've got the skills to talk your way out of it. **SALLY BROMPTON**

Caption contest

KEYSTONE, ENNIO LEANZA/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

RENO GAZETTE-JOURNAL/ANDY BARRON/THE ASSOCIATED PRESS

Canadian Legal Resource Centre Inc.
CALL NOW!! 403.229.2774
MON-SAT DAYTIME & EVENING APPOINTMENTS
FREE CONSULTATION
UNCONTESTED DIVORCES
Legal Separation Agreements • Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
Canadian Pardons • US Travel Waivers
Fingerprinting
21+ Years Experience • Voted #1 Paralegal
Why Pay More?

calorie counting?
bad at math?
10 calories
naturally sweetened
vitaminwater

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Job Guaranteed!
Next in-class course: Feb 9th - 13th
www.globaltesol.com
GLOBAL TESOL COLLEGE
Best Western Village Park Inn (Motel Village)

AIR CANADA VACATIONS

Deals of the week

Use your mobile application

CARIBBEAN & MEXICO

HOT DEALS • ALL-INCLUSIVE • 1 WEEK

DOMINICAN REPUBLIC | Punta Cana
Occidental Grand Punta Cana
Junior suite • Jan. 25
$729 +Taxes & other fees: $168

DOMINICAN REPUBLIC | Punta Cana
Grand Paradise Bavaro Beach Resort & Spa
Superior gardenview rm. • Jan. 25
$999 +Taxes & other fees: $170

DOMINICAN REPUBLIC | Punta Cana
Gran Bahia Principe Punta Cana PRIVILEGES
Junior suite • Jan. 25
$1429 +Taxes & other fees: $168

CUBA | Varadero
Sirenis La Salina Varadero Beach Resort
Standard rm. • Feb. 6 & 13
$1169 +Taxes & other fees: $155

CUBA | Santa Clara
Meliá Las Dunas PRIVILEGES
Standard rm. • Feb. 5 & 12
$1259 +Taxes & other fees: $155

CUBA | Santa Clara
Royal Hideaway Ensenachos PRIVILEGES
Royal spa premium rm. • Jan. 29
$1439 +Taxes & other fees: $155

MEXICO | Los Cabos
Hola Grand Faro Los Cabos
Deluxe partial oceanview rm. • Feb. 12
$1189 +Taxes & other fees: $256

MEXICO | Ixtapa/Zihuatanejo
Krystal Ixtapa
Deluxe rm. • Feb. 5 & 12
$1039 +Taxes & other fees: $255

MEXICO | Cancun/Riviera Maya
Grand Sirenis Riviera Maya Resort & Spa
Junior suite • Mar. 6
$1119 +Taxes & other fees: $246

MEXICO | Cancun/Riviera Maya
Gran Bahia Principe Tulum PRIVILEGES
Standard rm. • Mar. 6
$1289 +Taxes & other fees: $246

MEXICO | Puerto Vallarta/Riviera Nayarit
Canto del Sol Plaza Vallarta
Standard rm. • Mar. 5 - 19
$1169 +Taxes & other fees: $144

MEXICO | Puerto Vallarta/Riviera Nayarit
Dreams Villamagna Nuevo Vallarta
Promo rm. • Feb. 26
$1399 +Taxes & other fees: $144

JAMAICA
Sunset Jamaica Grande Resort & Spa PRIVILEGES
Traditional standard rm. • Feb. 7 & 14
$1389 +Taxes & other fees: $98

JAMAICA
Gran Bahia Principe Jamaica PRIVILEGES
Junior suite • Feb. 7 & 14
$1499 +Taxes & other fees: $98

BARCELÓ HOTELS & RESORTS

ALL-INCLUSIVE • 1 WEEK

MEXICO | Cancun/Riviera Maya
Barceló Maya Beach
Superior rm. • Mar. 6
$1299 +Taxes & other fees: $246

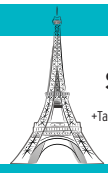
DOMINICAN REPUBLIC | Punta Cana
Barceló Bavaro Palace Deluxe
Junior suite deluxe • Feb. 1 & 8
$1549 +Taxes & other fees: $170

USA

NEVADA | Las Vegas
Imperial Palace Hotel & Casino
Deluxe rm. • Feb. 28 • 3 nts. • SAVE 30%
$339 +Taxes & other fees: $116

CALIFORNIA | Los Angeles
Holiday Inn Anaheim
Double or twin guest rm. • Feb. 28 • 3 nts.
$489 +Taxes & other fees: $118

EUROPE



FRANCE | Paris via Toronto
All Seasons Paris Gare de l'Est
Breakfast • Standard rm. • Feb. 10, 17 & 24 • 3 nts.
$869 +Taxes & other fees: $419

ENGLAND | London
Hotel Ibis London Earls Court
Breakfast • Standard rm. • Feb. 9, 16 & 23 • 4 nts.
$879 +Taxes & other fees: $431

CARIBBEAN CRUISES • 1 WEEK

Princess Cruises[1] | Caribbean Princess®
Southern Caribbean Cruise
Flights to San Juan via Toronto • Interior statetoom, cat. K • Apr. 3 & 10
$1229 +Taxes & other fees: $153

Carnival Cruise Lines[2] | Carnival Victory®
Southern Caribbean Cruise
Flights to San Juan • Interior stateroom, cat. 4B • Mar. 27
$1259 +Taxes & other fees: $147

CONNECT FREE[3] • Edmonton • Lethbridge • Nanaimo • Regina • Saskatoon • Kelowna • Kamloops

Fly in style – Upgrade to Executive Class® service or Comfort Plus seating on select flights

PRIVILEGES
FREE advance seat selection and exclusive features

aeroplan
Rewarding Life
Earn up to 9,050 Aeroplan® Miles per member†

Find us on
Follow us on twitter
AirCanadaVac

aircanadavacations.com

Call 1 866 529-2079 or your travel agent

All travellers, foreign and Cubans living abroad, must purchase a medical insurance policy when travelling to Cuba. Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are in Canadian dollars and are valid at time of printing. Prices are per person based on double occupancy, unless otherwise stated, from Calgary International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa Rica and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise vacations include return flight and the cruise as described. Vacations to Europe and the USA include return flight and hotel as described. New bookings only. For dates shown only. Non-refundable. Limited quantity. Subject to availability at time of booking. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Further information available from a travel agent. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. † Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Calgary to Paris via Toronto, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ [1]Princess Cruise ships' registry: Bermuda. [2]Carnival Cruise Lines ships' registry: The Bahamas and Panama. [3]Available in conjunction with flight-inclusive packages. Non-stop flights via Calgary. Excluding USA & Europe destinations. ■ ®Aeroplan is a registered trademark of Aeroplan Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.